

<b>CURICULUM VITAE</b>	<b>GOVINA OURANIA</b>
<p><b>Current Position:</b> PROFESSOR</p> <p><b>Scientific Domain:</b> Oncology Nursing- Patient and Family Care  <b>(Code APELLA):</b> 18112</p> <p><b>Sector:</b> C, Pathological and Surgical Nursing</p> <p><b>Administrative positions:</b> Director of the postgraduate program "Management of Chronic Disease"</p> <p><b>Laboratory:</b> Building K13, 1st floor, room 104, Tel: 210 5385337</p> <p><b>Tel:</b> 210 5385616 <b>Email:</b> ugovina@uniwa.gr</p> <p><b>Research Gate id:</b> <a href="https://www.researchgate.net/profile/Ourania-Govina">https://www.researchgate.net/profile/Ourania-Govina</a></p> <p><b>Google Scholar Profile:</b> <a href="https://scholar.google.com/citations?user=-baPpSAAAAAJ&amp;hl=en">https://scholar.google.com/citations?user=-baPpSAAAAAJ&amp;hl=en</a></p> <p><b>ORCID ID:</b> <a href="https://orcid.org/0000-0002-9174-443X">https://orcid.org/0000-0002-9174-443X</a></p> <p><b>Pubmed:</b> <a href="https://pubmed.ncbi.nlm.nih.gov/?term=Govina%20">https://pubmed.ncbi.nlm.nih.gov/?term=Govina%20</a>  <a href="https://pubmed.ncbi.nlm.nih.gov/33099903/">https://pubmed.ncbi.nlm.nih.gov/33099903/</a>  <a href="https://pubmed.ncbi.nlm.nih.gov/23033299/">https://pubmed.ncbi.nlm.nih.gov/23033299/</a></p>	
<b>Education</b>	
<ul style="list-style-type: none"> <li>• PhD degree in the Pathology-Nursing Sector of the Nursing Department of National and Kapodistrian University of Athens on the subject: "The burden of family caring of patients with advanced cancer", with grade 10 (Excellent).</li> <li>• Master's Degree in "Clinical Nursing", National and Kapodistrian University of Athens, with grade "excellent".</li> <li>• Degree in Pedagogical Studies "PATES – SELETE".</li> <li>• Post-graduate course in "Research Methods", of the Nursing Department of National and Kapodistrian University of Athens, lasting one year.</li> <li>• English degree: First Certificate in English, Cambridge University.</li> <li>• Nursing Bachelor's Degree, Nursing Department, National and Kapodistrian University of Athens, with the grade "Very Good".</li> <li>• Nursing Degree Higher State School of Nurses of the Laiko Hospital, with the grade "Very Good".</li> </ul>	
<b>Academic Appointments</b>	
<ul style="list-style-type: none"> <li>• Lecturer at TEI. of Athens, Nursing Department A' with the subject of teaching the hospitalization of cardiac patients (Students laboratory exercise. Duration 6 months) (1995).</li> <li>• Lecturer at TEI. of Athens, Department of Nursing B' (1997-2010).</li> <li>• Assistant Professor at TEI of Athens, Department of Nursing B' and Department Nursing (2010-2015).</li> <li>• Associate Professor at TEI of Athens and University of West Attica, Department of Nursing (2015 to 2021).</li> <li>• Professor at the University of West Attica, Department of Nursing from July 2021.</li> </ul> <p><b>Total time of educational service in higher education: 25 years.</b></p>	
<b>Professional Experience</b>	
<p>As a nurse in surgical and pathological clinical sectors at the Anti-Cancer Hospital "Agios Savvas".</p> <p>Total professional time: Almost 11 years (1984-1995).</p>	

<b>Research Interests</b>
Oncology Nursing-Family of Oncology Patient, Palliative Care, Pathological Nursing and Nursing Education.
<b>Teaching Areas</b>
<p><b>Undergraduate level</b></p> <ul style="list-style-type: none"> <li>• Palliative Care (Theory)</li> <li>• Oncology Nursing (Theory)</li> <li>• Nursing Rehabilitation (Theory)</li> <li>• Oncology and Palliative Nursing (Theory and Laboratory)</li> <li>• Pathological Nursing, I (Theory and Laboratory)</li> <li>• Pathological Nursing II (Theory and Laboratory)</li> <li>• Diagnostic Nursing-Semiology (Theory and Laboratory)</li> <li>• Graduate students Seminars, 7th Semester 3 hours (Theory and Laboratory)</li> <li>• Introduction to Nursing Science (Laboratory)</li> <li>• Clinical Nursing, I and II (Laboratory)</li> </ul> <p><b>Postgraduate level</b></p> <ul style="list-style-type: none"> <li>• Teaching in the postgraduate program "Oncology Nursing-Palliative Care" of National and Kapodistrian University of Athens, 2005-2009, 2017.</li> <li>• Teaching in the postgraduate course "Pain Management" of the Department of Medicine of the University of Ioannina in co-organization with the General Department of Basic Medical Courses of the TEI of Athens: "Family issues of cancer patients in clinical practice and research", 2010, 2014, 2015.</li> <li>• Teaching in the postgraduate course "Traumas and Ulcers. Treatment - Care ", 2017-2018.</li> <li>• Teaching in the postgraduate course "Neurological Diseases-Modern Practice based on Evidence" of the Nursing Department of the TEI of Athens, 2014-2018.</li> <li>• Teaching in the postgraduate course "Management of Chronic Diseases" and Head of the direction "Oncology and Palliative Care", 2018-2022.</li> <li>• Teaching in the postgraduate course "Community Nursing and Public Health Nursing" 2018-20.</li> </ul>
<b>Recent Publications</b>
<p>Book author: "Basic Principles of Oncology Nursing &amp; Palliative Care, from the Theoretical Approach to Clinical Care", Paschalidis, 2019</p> <ol style="list-style-type: none"> <li>1. Kavga, A., Kalemikerakis, I., Konstantinidis, T., Tsatsou, I., Galanis, P., Karathanasi, E., &amp; <b>Govina, O.</b> (2022). Factors associated with social support for family members who care for stroke survivors. <i>AIMS Public Health</i>, 9(1), 142-154.</li> <li>2. Penelope Angeli, Georgia Fasoi, Afroditi Zartaloudi, Konstantinos Kontzoglou, Michael Kontos, Theocharis Konstantinidis, Ioannis Kalemikerakis, <b>Ourania Govina.</b> (2021). Post-treatment anxiety, depression, sleep disorders and associated factors in women who survive breast cancer <i>Asia-Pacific Journal of Oncology Nursing</i>. APJON, 8:147-155.</li> <li>3. Christos Stylianou, Ioannis Kalemikerakis, Maria Vastardi, Anna Kavga, Nicoletta Margari, Eleni Dokoutsidou, Theocharis Konstantinidis, <b>Ourania Govina.</b> (2021). Assessment of oncology patients' satisfaction from intravenous chemotherapy. <i>Journal of BUON</i>, 26 (5), 2176-2182.</li> <li>4. Ioannis Kalemikerakis, Agoritsa Evaggelakou, Anna Kavga, Maria Vastardi, Theocharis Konstantinidis, <b>Ourania Govina.</b> (2021). Diagnosis, treatment and quality of life in patients with cancer-related lymphedema. <i>Journal of BUON</i>, 26 (5),</li> </ol>

1735-1741

5. Skoulatou, M., Alikari, V., Toulia, G., Kavga, A., **Govina, O.**, Siopi, D., ... & Gerogianni, G. (2021). Efficacy of Antimicrobial Lock Solutions against Catheter-Related Infections in Hemodialysis Patients. *Global Journal of Health Science, 13*(4), 1-72.
6. Kavga, A., **Govina, O.**, Galanis, P., Kalemikerakis, I., Vlachou, E., Fotos, N., ... & Kalokairinou, A. (2021). Determinants of Health Promotion Behaviors among Family Caregivers of Stroke Survivors. *Diseases, 9* (1), 10.
7. Kavga, A., Kalemikerakis, I., Faros, A., Milaka, M., Tsekoura, D., Skoulatou, M., ... & **Govina, O.** (2021). The Effects of Patients' and Caregivers' Characteristics on the Burden of Families Caring for Stroke Survivors. *International Journal of Environmental Research and Public Health, 18*(14), 7298.
8. Tsatsou, I., Mystakidou, K., Panagou, E., Adamakidou, T., Kalemikerakis, I., Vastardi, M., & **Gkovina, O.** Sexuality and quality of life of patients with hematologic malignancy and hematopoietic stem cell transplantation: a critical review. *Journal of B.U.ON* 2020, 25 (4), 1693-1706
9. Tsatsou, I., Konstantinidis, T., Kalemikerakis, I., Adamakidou, T., Vlachou, E., & **Govina, O.** (2020). Unmet Supportive Care Needs of Patients with Hematological Malignancies: A Systematic Review. *Asia-Pacific Journal of Oncology Nursing, 8*(1), 5-17.
10. Vlachou E, Ntikoudi A, **Govina O**, Lavdaniti M, Kotsalas N, Tsartsalis A, Dimitriadis G. Effects of Probiotics on Diabetic Nephropathy: A Systematic Review. *Curr Clin Pharmacol.* 2020 Mar 2. doi: 10.2174/1574884715666200303112753. Epub ahead of print. PMID: 32124701.
11. **Govina, O.**, Polikandrioti, M., Vasilopoulos, G., Adamakidou, T., Plakas, S., Kalemikerakis, I., ... & Fouka, G. (2020). Validation with nursing students of the Greek version of the Multidimensional Attitudes Scale (MAS) towards people with disabilities. *ARCHIVES OF HELLENIC MEDICINE* 37 (4), 521-528
12. Polikandrioti, M., **Govina, O.**, Vasilopoulos, G., Adamakidou, T., Plakas, S., Kalemikerakis, I., ... & Fouka, G. (2020). Nursing Students' Attitudes towards People with Disabilities. *International Journal of Caring Sciences, 13*(1), 480.
13. Konstantinidis, T. I., Spinthouri, M., Ramoutsaki, A., Marnelou, A., Kritsotakis, G., & **Govina, O.** (2019). Assessment of Unmet Supportive Care Needs in Haematological Cancer Survivors. *Asian Pacific journal of cancer prevention: APJCP, 20*(5), 1487.
14. Tschlakidou, A., **Govina, O.**, Vasilopoulos, G., Kavga, A., Vastardi, M., & Kalemikerakis, I. (2019). Intervention for symptom management in patients with malignant fungating wounds-a systematic review. *Journal of BUON.*, 24(3), 1301-1308.
15. **Govina, O.**, Vlachou, E., Kalemikerakis, I., Papageorgiou, D., Kavga, A., & Konstantinidis, T. (2019). Factors Associated with Anxiety and Depression among Family Caregivers of Patients Undergoing Palliative Radiotherapy. *Asia-Pacific Journal of Oncology Nursing, 6*(3), 283.
16. Vlachou, E., Owens, D. A., Lavdaniti, M., Kalemikerakis, J., Evagelou, E., Margari, N., ... **Govina O** & Tsartsalis, A. N. (2019). Prevalence, wellbeing, and symptoms of dysmenorrhea among university nursing students in Greece. *Diseases, 7*(1), 5.
17. Sympa, P., Vlachou, E., Kazakos, K., **Govina, O.**, Stamatiou, G., & Lavdaniti, M. (2018). Depression and self-efficacy in patients with type 2 diabetes in Northern Greece. *Endocrine, Metabolic & Immune Disorders-Drug Targets (Formerly Current Drug Targets-Immune, Endocrine & Metabolic Disorders), 18*(4), 371-378.
18. **Govina, O.**, Vlachou, E., Lavdaniti, M., Kalemikerakis, I., Margari, N., Galanos, A., & Kavga, A. (2016). Psychometric Testing of the Student Evaluation of Clinical Educational Environment Inventory in Greek Nursing Students. *Global Journal of*

Health Science, 9(5), 241.

19. Fasoi-Barka Georgia, Kelesi-Stavropoulou Martha, Vlachou Eugenia, Sotnikova Christina, Papageorgiou Dimitris, **Govina Ourania**. (2015). Estimation of modification in the cost of living for women with early-stage breast cancer during the first year after diagnosis. *Health Science Journal*, 9(3), 1.
20. **Govina O**, Kotronoulas G, Mystakidou K, Katsaragakis S, Vlachou E, Patiraki E. Effects of patient and personal demographic, clinical and psychosocial characteristics on the burden of family members caring for patients with advanced cancer in Greece. *Eur J Oncol Nurs*. 2015 Feb;19(1):81-8. doi: 10.1016/j.ejon.2014.06.009. Epub 2014 Oct 28. PMID: 25442373
21. **Govina, O.**, Vlachou, E., Kavga-Paltoglou, A., Kalemikerakis, I., Papageorgiou, D., Fasoi, G., & Patiraki, E. (2014). Exploring the factors influencing time and difficulty of tasks provided by family caregivers of patients with advanced cancer in Greece. *Health Science Journal*, 8(4), 438.
22. **Ourania Govina**, Grigorios Kotronoulas, Kyriaki Mystakidou, Margarita Giannakopoulou, Antonios Galanos & Elisabeth Patiraki. Validation of the revised Bakas Caregiving Outcomes Scale in Greek caregivers of patients with advanced cancer receiving palliative radiotherapy, *Supportive Care in Cancer* 2013 (21): 1395-1404.
23. Apostolara P., Adamakidou T., **Govina O**. Cultural Influences on Pain: The Health Care Professionals' Aspects, *HELLENIC JOURNAL OF NURSING* 2021, 60(3): 266–274.
24. Konstantinidis I. & **Govina O**. Sources of Information for Health Professionals and Oncology Patients. Support Structures and Services. *HELLENIC JOURNAL OF NURSING* 2021, 60(1): 58–73.
25. Batzogianni A, Kavga A, **Govina O**, Vlachou E, Kalemikerakis I. Investigating the level of knowledge about hypertension in hypertensive and non-hypertensive individuals in the community. *HELLENIC JOURNAL OF NURSING* 2021, 60 (2): 207-216.
26. Kalemikerakis I., Kaitelidou D., Birbas K., Katsoulas T., Kavga A., **Govina O.**, Kalokairinou A. Investigation of the Relationship Between Patients' Characteristics and their Caregivers' with the Clinical Features of Pressure Ulcers. *HELLENIC JOURNAL OF NURSING* 2021, 60(1): 98–109.
27. Theodorakopoulou M., **Govina O.**, Kastana O., Tsoutsos D., Zorbas G., Douli K., Aggeli C., Kalemikerakis I. The association of demographic and clinical characteristics with the quality of life of patients with melanoma. *ARCHIVES OF HELLENIC MEDICINE* 2020, 37(2):200-206.
28. **Govina O.**, Konstantinidis T., Nteka F., Ntourmisi S., Kavga A., Kalemikerakis I. Exploring Family Caregivers' Burden, Depression and Anxiety of Inpatients with Cancer. *HELLENIC JOURNAL OF NURSING* 2020, 59(2): 183–193.
29. Papageorgiou D., Konstantinidis T., **Govina O**. Clinical Assessment of Quality of Life in Patients with Breast Cancer. *HELLENIC JOURNAL OF NURSING* 2019, 58(2): 120–125.
30. Emmanouilidis K., Fasoi G., Vlachou E., **Govina O.**, Kavga A., Kalemikerakis I. Prevention and conservative treatment of upper limb secondary lymphedema after mastectomy, *Hellenic Journal of Nursing Science* 12(2): 23-37.
31. Agiant S., Marvaki C., **Govina O.**, Papaconstantinou D., Diagourtas A., Papageorgiou D. INVESTIGATION OF DEMOGRAPHIC CHARACTERISTICS AND INCIDENCE OF OCULAR INJURIES: A RETROSPECTIVE STUDY. *Health & Research Journal* 2018, 4(4): 234-251.
32. Fyseki G., Hatzithakis E., Tsiou C., Kourakos M., Kavga A., **Govina O**. The Burden of Family Caring for Patients with Brain and Spinal Cord Tumors. *HELLENIC JOURNAL OF NURSING* 2017, 56(4): 373–383.

## Conferences-Other Activities

1. T. Adamakidou, A. Papadopoulou, **O. Govina**, M. Mantzourou, P. Apostolara, ... CN48 Exploring anxiety, depression and quality of life of ambulatory cancer patients during chemotherapy. ESMO Congress, Barcelona, 2019.
2. **O. Govina**, T. Konstantinidis, M. Spinthouri, G. Kritsotakis, T. Adamakidou, ... CN55. Investigating the factors related to primary caregivers 'burden in oncology patients in Greece. ESMO Congress, Barcelona, 2019.
3. E. Vlachou, A. Ntikoudi, G. Fasoi, V. Avrampou, S. Boulazeri, **O. Govina**, J. Komninos. The effect of diabetes mellitus on age at natural menopause: A systematic review. 22nd European Congress of Endocrinology. 8th Wound and Ulcer Healing Conference, Athens 2019.
4. M. Theodorakopoulou, **O. Govina**, O. Kastana, G. Vasilopoulos, I. Kalemikerakis. Melanoma and Quality of Life. 8th Wound and Ulcer Healing Conference, Athens 2019.
5. M. Papadimitriou, G. Vasilopoulos, A. Kavga, **O. Govina**, I. Kalemikerakis. Determining the Knowledge of Primary Health Care Nurses in the Prevention and Care of Pressure Ulcers. 8th Wound and Ulcer Healing Conference, Athens 2019.
6. Kitrioti Z., Bountzouka X., Bretou M., Tzagaraki E., **Govina O.**, Konstantinidis T. Assessment of health needs and quality of life in oncology patients. 47th Hybrid Panhellenic Nursing Conference ESNE. Athens 7-10 October 2020.
7. Palouki A., Alsonas IP., Bellos I., Tzagaraki E., **Govina O.**, Konstantinidis T. The perceptions of family caregivers for the transmission of unpleasant diagnostic news to patients. 47th Hybrid Panhellenic Nursing Conference ESNE. Athens 7-10 October 2020.
8. Chiliarchaki P., Amallou P., Katsoulaki E., **Govina O.**, Patelarou A., Konstantinidis T. The investigation of the attitude of the nursing staff towards death. 47th Hybrid Panhellenic Nursing Conference ESNE. Athens 7-10 October 2020.
9. Tsatsou I., Konstantinidis T., **Govina O.** Supportive care needs of patients with hematological malignancies. 47th Hybrid Panhellenic Nursing Conference ESNE. Athens 7-10 October 2020.
10. Aggeli P., Fasoi C., Zartaloudi A., Kalemikerakis I., Konstantinidis I., **Govina O.** Evaluation of stress and depression in women surviving from breast cancer. AA105. 47th Hybrid Panhellenic Nursing Conference ESNE. Athens 7-10 October 2020.
11. Alefra Nefeli, **Govina Ourania**, Doussis Evangelos. Complementary-Alternative therapies for the management of chemotherapy complications of cancer patients. 47th Hybrid Panhellenic Nursing Conference ESNE. Athens 7-10 October 2020.
12. Bebeni Hariklia, Alevra Nefeli, **Govina Ourania**. The effect of spirituality and religiosity on the anxiety and depression of cancer patients undergoing chemotherapy. 47th Hybrid Panhellenic Nursing Conference ESNE. Athens 7-10 October 2020.
13. Tsatsou Ioanna, Adamakidou Theodoula, Govina Ourania. Sexuality and quality of life of patients with hematological malignancy and hematopoietic cell transplantation. 47th Hybrid Panhellenic Nursing Conference ESNE. Athens 7-10 October 2020