

<b>CURRICULUM VITAE</b>	<b>Name: Mantzourou Marianna</b>
<p><b>Current Position:</b> Associate Professor (Government Gazette: Τ.Γ/572/19/2/2024)</p> <p><b>Scientific Domain:</b> Gerontological Nursing with emphasis on Care of elderly with dementia and care of their carers (Code APELLA): 26615</p> <p><b>Sector:</b> Community and Public health Nursing</p> <p><b>Research Laboratory:</b> Research Laboratory of Home Health Care</p> <p><b>Office Tel:</b> 0030 210 5387474, (Office K6027)</p> <p><b>Email:</b> <a href="mailto:mantzourou@uniwa.gr">mantzourou@uniwa.gr</a></p> <p><b>ResearchGate:</b> <a href="https://www.researchgate.net/profile/Marianna-Mantzourou">https://www.researchgate.net/profile/Marianna-Mantzourou</a></p> <p><b>Google Scholar Profile:</b> <a href="https://scholar.google.gr/citations?user=P8bK7UAAAAAJ&amp;hl=el">https://scholar.google.gr/citations?user=P8bK7UAAAAAJ&amp;hl=el</a></p> <p><b>ORCID ID:</b> <a href="https://orcid.org/0000-0001-6444-2009">https://orcid.org/0000-0001-6444-2009</a></p> <p><b>PubMed:</b> <a href="https://www.ncbi.nlm.nih.gov/myncbi/marianna.mantzourou.1/bibliography/public/">https://www.ncbi.nlm.nih.gov/myncbi/marianna.mantzourou.1/bibliography/public/</a></p>	
<b>Education</b>	
<p><b>2018</b> PhD in Gerontological Nursing, National and Kapodistrian University of Athens.</p> <p><b>1996</b> Master of Science in Nursing, University of Wales, College of Medicine (Cardiff, UK)</p> <p><b>1994</b> BSc in Nursing, Nursing Department, School of Health and Caring Professions, Technological Educational Institute of Athens, Greece</p> <p><b>1993</b> Scholarship: IKY scholarship for a 6 months clinical placement through Erasmus program in Royal Hallamshire Hospital and Sheffield Hallam University in England (9/1993-3/1994).</p>	
<b>Academic Appointments</b>	
<p><b>2024-today</b> Associate Professor</p> <p><b>2019-2024</b> Assistant Professor, Nursing Department, University of West Attica (UniWA)</p> <p><b>2018-2019</b> Lecturer, Nursing Department, University of West Attica</p> <p><b>2010-2018</b> Lecturer, Nursing Department, TEI of Athens</p> <p><b>1996-2007</b> Laboratory Assistant, Nursing Department, TEI of Athens</p>	
<b>Professional Experience</b>	
<p><b>2007-2010</b> Registered General Nurse (RGN) in Neurological-Neurosurgical unit at 417 Veterans Hospital of Athens.</p> <p><b>1997-1998</b> Nurse teacher in a Private Institute of professional training (I.E.K.) of the Hospital "Ygeia"</p> <p><b>July, 1997</b> Registered nurse of the medical team at the 6<sup>th</sup> IAAF World Championships in athletics, Athens</p> <p><b>1994-1996</b> Registered General Nurse (RGN) in hospitals, community health services and long- term care institutions, Cardiff, Wales.</p>	
<b>Research Interests</b>	
Stigma in dementia; Burnout of professional and family carers; Ways of knowing in Nursing; Clinical nursing education; Care of the elderly in nursing homes; Age and Dementia friendly communities; Active and Healthy Aging; Non-pharmacological interventions; Phenomenology.	
<b>Teaching Areas</b>	
<p><b>On pre-graduate level 2010-today</b> Gerontological Nursing (scientific coordination), Occupational Health Nursing (scientific co-ordination), Community Nursing I, II, Family Nursing, Introduction in Nursing Science, Fundamentals of Nursing, Community Nursing, Neurological Nursing and Gerontological Nursing.</p> <p><b>1996-2007 Laboratory Assistant, Nursing Department B, Technological Educational Institute of Athens (TEI of Athens)</b> Medical-Surgical Nursing, Elderly care, Cardiological Nursing, Paediatric Nursing</p> <p><b>On post-graduate level</b> 2015-today Postgraduate programmes TEI of Athens and UniWA</p> <ol style="list-style-type: none"> <li>a. <b>MSc in Neurological Disorders-Evidence based Nursing, TEI of Athens</b></li> <li>b. <b>MSc in Management of Chronic Diseases, UniWA</b></li> <li>c. <b>MSc in Community Nursing and Public Health Nursing, UniWA</b></li> </ol>	

## Recent Publications

1. Adamakidou, T., Ntempeli, E., Galanis, P., Mantoudi, A., Kleisiaris, C., **Mantzorou, M.**, Zartaloudi A., Tsiou, C., Apostolara, P. (2023) [Factors related to evidence-based practice among community nurses in Greece: a cross-sectional study](#), MDPI, *Healthcare*, 11(23), 3071.
2. Moustakopoulou, L., Adamakidou, T., Plakas, S., Drakopoulou, M., Apostolara, P., Mantoudi, A., Mastrogiannis, D., Zartaloudi, A., Parissopoulos, S., Koreli, A., **Mantzorou, M.** (2023) [Exploring Loneliness, Fear and Depression among Older Adults in the COVID 19 Era: A cross sectional study in Greek provincial towns](#). MDPI, *Healthcare* 11(9), 1234.
3. Psarrou A., Adamakidou T., Apostolara P., Koreli A., Drakopoulou M., Plakas S., Mastrogiannis D., Mantoudi A., Parissopoulos S., Zartaloudi A., **Mantzorou M.** (2023) [Associations between physical activity and quality of life among community dwelling older adults: A cross sectional study in urban Greece](#). MDPI, *Geriatrics* 8(3), 61.
4. Zartaloudi, A., Christopoulos, D., Kelesi, M., Govina, O., **Mantzorou, M.**, Adamakidou, T., Karvouni, L., Koutelekos, I., Evangelou, E., Fasoi, G., Vlachou, E. (2023) [Body Image, Social Physique Anxiety levels and Self-Esteem among Adults Participating in Physical Activity Programs](#). *Diseases*, MDPI, 11(2).
5. Apostolara, P., Adamakidou, T., Mouta, E., Vus, V., Malliarou, M., **Mantzorou, M.**, Papathanasiou, I. (2023) [Burnout and Depression Of Greek Healthcare Professionals Working in Refugees' Reception Centers and Accommodation Programs](#). *Pol Merkur Lekarski* (ISSN: 1426-9686) LI, 3: 228-233.
6. Parissopoulos, S., Timmins, F., Mpouzika, M., **Mantzorou, M.**, Kapadochos, T., Papagaroufali, E. (2023) [Intensive Care Nurses' Experience of Caring in Greece; a Qualitative Study](#) *MDPI Healthcare* 11(2) 164.
7. Adamakidou, T., Tsiou, C., Plakas, S., Boutsoli, P., Palatza, I., Konstantakopoulou, O., **Mantzorou, M.**, Mantoudi, A. [Interprofessional school team members' views on the school nurse role: a cross-sectional study](#) *International Journal of Caring sciences* accepted 11/23
8. Kalandari, E., Govina O, Tzonichaki E., Adamakidou, T., Mantoudi, A. Apostolara M., Drakopoulou, M. **Mantzorou, M.**, (2023) [Exploration of the relationship between the burden and family support among family caregivers of older adults with chronic diseases](#). A cross sectional study, *International Journal of Caring sciences*, 16 (1), 51.
9. Bouzi, K., Fasoi, G., **Mantzorou, M.**, Kavga, A. Investigation of citizens' fear of COVID-19 presenting in vaccination centers. *Nosileftiki*, accepted 28/2/23
10. Psarrou, A., Apostolara, P., Adamakidou, T., **Mantzorou, M.** The impact of physical activity on physical and mental health of older adults during the COVID-19 pandemic *Archives of Hellenic Medicine* accepted 1/4/23
11. Lambroy, A., **Mantzorou, M.**, Mastrogiannis, D., Tsiou, Ch Loneliness and alexithymia in student population. Psychometric approaches. *Archives of Hellenic Medicine* accepted 31/5/23
12. Barakou V., Kalogianni A., **Mantzorou, M.**, Katsouri I.-G [The effectiveness of psychoeducation on reducing the burden of carers of patients with dementia](#), *Nosileftiki*, 62(2), 13-26.
13. Moustakopoulou L., Adamakidou, T., Apostolara, P., **Mantzorou, M.** (2023) [Fear, loneliness and depression in older adults during the COVID-19 pandemic](#) *Archives of Hellenic Medicine* 40(3), 295-300.
14. Menti, K., Govina, O., Konstantinidis, T. Dokoutsidou, H., Charalambous, A., **Mantzorou, M.**, Adamakidou T. (2023) [Descriptive study of supportive care needs of patients with gynaecologic cancer before surgery](#) *Nosileftiki*, 61(4): 429-438.
15. Karvouni, L. Adamakidou, T., **Mantzorou, M.**, Mantoudi, A., Christopoulos, D., Fasoi G., and Zartaloudi, A. (2023) [Job Satisfaction of Nurses Versus Other Mental Health Professionals Working in Psychosocial Rehabilitation Services](#). In: Vlamos, P. (eds) *GeNeDis 2022*. GeNeDis 2022. *Advances in Experimental Medicine and Biology*, vol 1425. Springer
16. Moustakopoulou, L. Adamakidou T., Apostolara P., Mantoudi A., Mastrogiannis, D., Drakopoulou, M., **Mantzorou M.** (2023) [Can Home Care Programs Promote Ageing in Place?](#) *European Geriatric Medicine*, 14 (Suppl 1): S1–S387.
17. Moustakopoulou, L. Adamakidou T., Apostolara P., Mantoudi A., Mastrogiannis, D., Drakopoulou, M., **Mantzorou M.** (2023) [Are robots really effective in dementia care?](#) *European Geriatric Medicine*,

- 14 (Suppl 1): S1–S387.
18. Psarrou, A., Apostolara P., Adamakidou T., Mastrogiannis, D., Mantoudi A., Plakas, S., Drakopoulou, M., Parissopoulos, S. Zartaloudi, A., **Mantzorou M.** (2023) [How Comorbidities affect physical activity and health-related quality of life of older adults in urban Greece?](#) *European Geriatric Medicine*, 14 (Suppl 1): S1–S387.
19. **Mantzorou, M.**, Kalokairinou, A., Economou, M., Mastrogiannis, D., Prouskas, K., Papatriantafyllou, J., Koukia, E. (2023) [Factors Affecting Burnout of Greek Gerontological Nurses in Dementia Care: A Cross Sectional Study.](#) *European Geriatric Medicine*, 14 (Suppl 1): S1–S387.
20. **Mantzorou, M.**, Kalokairinou, A., Economou, M., Sourtzi, P., Politis, A., Mougias, A., Mastrogiannis, D., Koukia, E. (2023) [A cross sectional study on burnout of family carers of older adults with dementia in Greece.](#) *European Geriatric Medicine*, 14 (Suppl 1): S1–S387.
21. Stasinou N., Tsatsaris A., Plakas S., Kalogeropoulos, K., **Mantzorou M.** (2023) [The mental health of older adults is crucially affected by the built environment.](#) *European Geriatric Medicine*, 14 (Suppl 1): S1–S387.
22. Apostolara, P., **Mantzorou, M.**, Adamakidou, T., Drakopoulou, M., Mantoudi, A. (2023) [Challenges in Palliative Care of Older Migrants and Refugees.](#) *European Geriatric Medicine*, 14 (Suppl 1): S1–S387.
23. Mantoudi, A., **Mantzorou, M.**, Apostolara, P., Adamakidou, T., Drakopoulou, M., Tsatsou, I., Mastrogiannis, D., Stamou, A., Mystakidou, K. (2023) [The Impact of Complementary Therapies on Quality of Sleep in Older Adults with Cancer.](#) *European Geriatric Medicine*, 14 (Suppl 1): S1–S387.
24. Mantoudi, A., **Mantzorou, M.**, Mastrogiannis, D., Adamakidou, T., Apostolara, P., Drakopoulou, M., Tsatsou, I., Zartaloudi, A., Nikoloudi, M., Mystakidou, K. (2023) [Can Complementary Therapies Reduce the Need for Analgesics in Older Adults with Cancer?](#) *European Geriatric Medicine*, 14 (Suppl 1): S1–S387.
25. Feninets V, Adamakidou T, **Mantzorou M.**, Mastrogiannis D, Govina O., Tsiou Ch. (August 25, 2022) [The Effect of Preoperative Educational Intervention on Anxiety and Pain of Patients Undergoing Spinal Decompression Surgery: A Pilot Randomized Controlled Study.](#) *Cureus* 14(8): e28368
26. Papadopoulou, A., Govina, O., Tsatsou, I., **Mantzorou, M.**, Mantoudi, A, Tsiou, C., Adamakidou, T. (2022) [Quality of life, distress, anxiety and depression of ambulatory cancer patients receiving chemotherapy](#) *Medicine and Pharmacy Reports* Vol. 95 / No. 4 / 2022: 418 - 4297.
27. Prosopari, A., Adamakidou, T., Mastrogiannis, D., Eftymiou, V., **Mantzorou, M.**, Apostolara, P., Alexandra Mantoudi, A., Drakopoulou, M. (2022) [Perceptions, Attitudes and Intentions of Greek Parents Toward their Underaged Children Vaccination against COVID 19](#) *Materia Socio Medica*, 34(3)
28. Drakopoulou, M. Begni, P., Mantoudi, M., **Mantzorou, M.**, Gerogianni G., Adamakidou, T., Alikari, V., Kalemikerakis, I., Kavga, A., Plakas, S., Fasoi, G., Apostolara, P. (2022) [Care and safety of schoolchildren with type 1 diabetes mellitus: parental perceptions of the school nurse role](#) *MDPI Healthcare*. 10, 1228
29. Manti, P., Mastrogiannis, D., **Mantzorou, M.**, Adamakidou, T., Mantoudi, A., Stefanidou, S., Timmins, F. [Stress Levels and Coping Strategies Among Undergraduate Nursing Students in Greece During Economic Recession](#), *Nurse Education in Practice*, 60, 103299
30. Kalandari E., Govina O., Tzonichaki I., Adamakidou T., Mastrogiannis D., Mantoudi A., Apostolara P., Drakopoulou M., Tsiou C., **Mantzorou, M.** (2022) [Burden and Family Support Among Family Caregivers of Older Adults with Chronic Diseases](#), *European Geriatric Medicine* 13 (Suppl 1):S1–S439.
31. **Mantzorou M.**, Adamakidou T, Koreli A, Gerogianni G, Babatsikou, F., Konstantopoulou K, Kossioni A. (2022) [Nursing and Dental Students' and their Educators' Experiences of a Novel Interprofessional Gerontological Education Pilot Course](#), *European Geriatric* 13 (Suppl 1):S1–S439.
32. **Mantzorou, M.**, Kalokairinou, A. Economou, M., Politis, A., Prouskas, K., Mougias, A., Papatriantafyllou, J., Koukia, E. (2022) [Kinds of Knowledge Used by Nurses Caring for Older Adults with Dementia in Nursing Homes. A Phenomenological Study](#), *European Geriatric Medicine*, 13 (Suppl 1):S1–S439.
33. **Mantzorou, M.**, Kalokairinou A., Economou M., Sourtzi, P., Prouskas, K., Mougias, A.,

- Papatriantafyllou, J., Koukia, E. (2022) [Phenomenological Study of Stigma and Burnout Experienced by Nurses Caring for Older Adults with Dementia in Nursing Homes](#), *European Geriatric Medicine* 13 (Suppl 1):S1–S439.
34. Moustakopoulou L., Adamakidou, T., Apostolara, P., Mastrogiannis, D., Mantoudi, A., **Mantzorou, M.** (2022) "[The effectiveness of a specialized geriatric multidisciplinary team for quality geriatric care](#)" *European Geriatric Medicine* (13 (Suppl 1):S1–S439.
35. Mantoudi, A, Drakopoulou M., **Mantzorou, M.** Adamakidou T., Plakas, S. Apostolara, A. (2022) "Animal-Assisted Therapy in the Integrated Care of Older Adults with Dementia" *European Geriatric Medicine* 13 (Suppl 1):S1–S439.
36. **Mantzorou, M.**, Kalokairinou, A., Economou, M., Politis, A., Prouskas, K., Mougias, A., Papatriantafyllou, J., Mastrogiannis, D., Koukia, E. (2022) [The Effect of Caregivers Support Groups Attendance on Burnout of Family Caregivers of Older Adults with Dementia](#) *European Geriatric Medicine*, 13 (Suppl 1):S1–S439.
37. Lamproy A., **Mantzorou M.**, Mastrogiannis D., Plakas S., Parissopoulos S., Tsiou Ch. (2022) [Aging and Noise Sensitivity in Urban Environments](#) *European Geriatric Medicine* , 13 (Suppl 1):S1–S439.
38. Psarrou, A., Adamakidou T., Plakas S., Mastrogiannis, D., Drakopoulou M., **Mantzorou M.** (2022) [Physical Activity and Quality of Life in Community-Dwelling Older Adults](#), *European Geriatric Medicine*, 13 (Suppl 1):S1–S439.
39. Tsali, F., **Mantzorou, M.**, Parissopoulos, S., Kleisiaris, C., Kourkouta L., Adamakidou, T. (2022) [Older Adults' Psychological Well-Being Promotion in Home Healthcare](#), *European Geriatric Medicine*, 13 (Suppl 1):S1–S439.
40. Stasinou N., Tsatsaris A., Plakas S., **Mantzorou M.** (2022) [Use of Geographical Information Systems Towards an Age Friendly Environment for Older Adults](#), *European Geriatric Medicine*, 13 (Suppl 1):S1–S439.
41. Zisopoulou, S., Kazantzaki, G., Adamakidou, T., Plakas S., Mastrogiannis, Apostolara P., Mantoudi, A., Drakopoulou, M., **Mantzorou M.** (2021) [Exploration of the effect of ehealth literacy on medication beliefs and adherence of older people with chronic diseases in Greece](#), *European Geriatric Medicine*, 12 (Suppl 1):S1–S387.
42. Moustakopoulou,L., Adamakidou, Th., Mastrogiannis, D., Mantoudi, A., Apostolara, P., **Mantzorou, M.** (2021) [Consequences of older persons' physical and social isolation during the COVID-19 pandemic](#), *European Geriatric Medicine*, 12 (Suppl 1):S1–S387,
43. Lamproy, L., **Mantzorou, M.**, Adamakidou, Th., Fasoi, G., Drakopoulou, M., Apostolara, P. (2021) [Cultural aspects of covid-19 vaccine resistance in older populations](#), *European Geriatric Medicine*, (12 (Suppl 1):S1–S387.
44. Kazantzaki,G., Zisopoulou, S., **Mantzorou, M.**, Tsiou, Ch., Mastrogiannis, D., Apostolara, P., Mantoudi, A., Drakopoulou, M., Adamakidou, Th. (2021) [Financial strain and medication adherence among older adults in rural Greece](#), *European Geriatric Medicine*, 12 (Suppl 1):S1–S387.
45. Maltezou, E., Mantoudi, A., **Mantzorou, M.**, Adamakidou, Th., Apostolara, P., Drakopoulou, M., Mastrogiannis, D., Fouka, G., Tsiou, Ch., Plakas, S. [Effects of music on Depression and General Health among Older Adults in Greece. A cross sectional study](#), *European Geriatric Medicine*, (2021) 12 (Suppl 1): S1–S387
46. Stratakis, E., **Mantzorou, M.**, Kalemikerakis, I., Kavga, A., Adamakidou, Th., Mastrogiannis, D., Plakas, S. (2021) [Supporting informal caregivers of older people living with dementia: A systematic literature review](#), *European Geriatric Medicine*, (Suppl 1):S1–S387.
47. Mavratza, T., Apostolara, P., Adamakidou, Th., Fasoi, G., **Mantzorou, M.**, Mantoudi, A., Drakopoulou, M., Misouridou, E. [Professional Quality of Life in Greek Health Professionals Working with Refugees and Migrants](#), *MATERIA SOCIOMEDICA*. 2021 JUN; 33(2), PubMed PMID: 34483735.
48. Demeneopoulou, S., **Mantzorou, M.**, Mandysova, P., Margari, N., Dokoutsidou, E., Tsiligianni, A., Tsiou, C., Adamakidou, T. (2021) [Translation and Validation of "Brief Bedside Dysphagia Screening Test" in a Greek Sample of Neurological Patients](#), *OBM Geriatrics*, 5(2):15.
49. Zartaloudi, A., Karvouni, L., Adamakidou, T., **Mantzorou M.** (2021) [Professional satisfaction of nurses in Psychosocial Rehabilitation services](#) *European Psychiatry. The journal of the European*



50. **Mantzorou, M.** Economou, M., Kalokairinou, A., Sourtzi, P., Zyga, S., Politis, A., Koukia, E. (2020) [Exploration of the relationship between stigma and burnout among Greek nurses in dementia care](#), *Journal of Nursing Management*, 28(3), 615-624. PubMed PMID: 31985861.
51. **Mantzorou, M.**, Zyga, S., Mastrogiannis, D., Koukia, E. (2020) [Psychometric properties of the Family Stigma in Alzheimer's Disease Scale \(FS-ADS\) in Greek professional caregivers](#), *Journal of Nursing Measurement*, 28(2), PubMed PMID: 32447311.
52. **Mantzorou, M.**, Mastrogiannis, D. and Koukia, E. (2020) [Comparative study of Stigma and Burnout among Professional and Family Caregivers in Dementia Care](#), *European Geriatric Medicine* 11 (Suppl 1): S1-S309.
53. **Mantzorou, M.**, Mastrogiannis, D. and Koukia, E. (2020) [The Influence of Neuropsychiatric Symptoms of Elderly with Dementia, on Stigma and Burnout of Family Caregivers](#), *European Geriatric Medicine*, 11 (Suppl 1): S1-S309.
54. Demeneopoulou S., **Mantzorou M.**, Margari N., Mandysova, P., Tsiligianni, A., Adamakidou T. (2020) [Dysphagia Prevalence in a Greek sample of Elderly Patients with Neurological Diseases](#), *European Geriatric Medicine*, 11 (Suppl 1): S1-S309.
55. Adamakidou, T., Papadopoulou, A., Govina, O.D., **Mantzorou, M.**, Apostolara, P., Drakopoulou, M., Mantoudi, A., Konstantinidis, T., Tsiou, C. (2019) [Exploring anxiety, depression and quality of life of ambulatory cancer patients during chemotherapy](#), *Annals of Oncology*, 30 (Suppl 5).
56. Plakas, S., Mastrogiannis, D., **Mantzorou, M.**, Adamakidou, T. Fouka, G. Bouziou, A., Tsiou, C. Morisky, D. E. (2016) [Validation of the 8-item Morisky Medication Adherence Scale in chronically ill ambulatory patients in rural Greece](#). *Open Journal of Nursing*, 6(3), 158-169
57. Mastrogiannis, D., Sotiri, M., Deltsidou, A., Poulaka, M.-A., Noula, M., Gesouli-Voltyraki, E., Fouka, G., Plakas, S., **Mantzorou, M.** (2013) ["Exploring educationalists' views on the need for school nurses in secondary schools in Greece"](#) *British Journal of School Nursing*, Vol 8 No 6, MA Healthcare Limited. ISSN 1752-2803
58. Fouka G., Plakas, S., Papageorgiou, D., **Mantzorou, M.**, Kalemikerakis, J. (2013) ["The Increase of Illegal Private Duty Nurses in Public Greek Hospitals"](#) *Journal of Nursing Management* 21 (4), 633-637, PubMed PMID: 23409707
59. Mastrogiannis, D., Giamouzis, G., Dardiotis, E., Karayiannis, G., Chroub-Papavaïou, A., Kremeti, D., Spiliopoulos, K., Georgoulas, P., Koutsias, S., Bonotis, K., **Mantzorou, M.** Skoularigis, J., Hadjigeorgiou, G., Butler, J., Triposkiadis, F. (2012) [Depression in patients with cardiovascular disease"](#) *Cardiology Research and Practice*, vol. 2012, Article ID 794762, 10 pages.
60. Fouka G., **Mantzorou, M.** (2011) ["What are the Major Ethical Issues in Conducting Research? Is there a Conflict between the Research Ethics and the Nature of Nursing?"](#) *Health Science Journal*, 5(1),3-14.
61. **Mantzorou, M.**, Mastroyannis, D. (2011) ["The Value and Significance of Knowing the Patient for Professional Practice, according to the Carper's Patterns of Knowing"](#) *Health Science Journal*, 5(4), 3-14.
62. Z. Aggelopoulou, A-T Spyrou, M. **Mantzorou, D.** Mastrogiannis, J. Trikilis, K. Mystakidou, P. Kourkouvati (2013) [Study of the relationship between physical and mental chronic diseases and quality of life of patients with chronic heart failure](#). (P 335), *European Heart Journal, Acute Cardiovascular Care*, 1 (S2), 126.
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64. Noula M., Mastrogiannis D., **Mantzorou M.**, Chouridou Ch., Deltsidou A (2007) [Vaccination coverage of nursing staff against hepatitis B and information source about hepatitis prevention. A study in a regional teaching hospital](#). *Review of clinical pharmacology and pharmacokinetics*, International edition, 21:271-277.
65. Vardaki, Z., Fouka, G., Mastroyannis, D., **Mantzorou, M.**, Skafida P. (2006) [Physical exercise in children between the age of 6 and 12 in some schools of Athens, Greece](#). *ICU and Nursing, Web journal*, Issue 26.

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70. Karvouni, L., Adamakidou, Th., **Mantzorou, M.**, Fasoi, G., & Zartaloudi, A. (2021). [Sociodemographic and Professional Profile of Nurses in Psychosocial Rehabilitation Services of the Psychiatric Hospital Of Athens "Dafni"](#). *Perioperative Nursing (GORNA)*, 10(2), 177–192.
71. Kazantzaki, I., **Mantzorou, M.**, Adamakidou T. (2021) [The vicious circle of patients' non-adherence with medication regimens](#), *Perioperative Nursing*, 10(1), 101-112.
72. Politis, A., Mougias, A., Petroulia, I., Smyrni, Tountas, I., Ploumpidis, D., **Mantzorou, M.**, Koukia, E., Kiosses, D., Papageorgiou, Ch., DFC Working group (2020) [European Join Action on Dementia: Dementia Friendly Communities in Greece \(DFC\), the project "Aeneas"](#) *Psychiatriki*, 31(1), 82-90 PubMed PMID: 32544079.
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### **Books**

**Mantzorou, M.,** Stasinou N., Kalemikerakis J. (2022) [Falls and behavioral problems in older adults](#), in Intensive Care and Emergency Medicine, Critical Illness studies Institute.

Logbook of Nursing specialty Gerontological Nursing published by the Greek Ministry of Health.

### **Conferences-Other Activities**

68 presentations (oral and posters) in Hellenic and International conferences' proceedings, 14 presentations in conferences, seminars etc., 2 prizes and 2 commendations for oral presentations and posters, 1246 citations, h-index 8 in Google scholar

Member of the [Steering committee of the MSc course «Community and Public health Nursing»](#) (since 2018)

Member of the [Advisory board of the Erasmus+ program "HCEU-HealthCareEurope". and](#)

Main researcher in the erasmus+ European program [InterHealth Intercultural Competences for health Care Professionals.](#)

Member of the program [COST PROmoting Geriatric Medicine IN countries where it is still eMerGing](#)

Member of the European program [Cancer and other NCDs prevention –action on health determinants \(JAPreventNCD\).](#)

Teaching in a) the Intensive Program Socrates entitled «*Care of the elderly in nursing homes*», TEI of Athens from 22/5/98 until 31/5/98, b) the International Program Coehre "Educating Health Professionals to work in a multicultural society", TEI of Athens, 4-6 March 1999, c) *the Intensive Program* ICPEC (Interdisciplinary Program on Palliative and End of Life Care), University Arteveldehogenschool in Gent and Dworp (Belgium) (23-29/1/2011) d) International Week, Turku University of Applied Sciences-Health Care, in Finland (from 10-17/4/2011) e) Blended Interdisciplinary Program (BIP) Healthy and sustainable smart cities organized by the Vives University of Applied Sciences, Belgium (2022). f) Blended Interdisciplinary Program (BIP) Healthy citizens in sustainable inclusive cities organized by the Universidad de Murcia, Spain (2023).

Member of the International Advisory Board of Nurse Education in Practice (2011-2014), member of the [International Advisory Board of Nurse Education Today](#) since 2014 and reviewer in the scientific journal *Nurse Education in Practice* and in *Nurse Education Today* since 2011.

Voluntary work in the [e-library Gerolib](#) on Gerontological and geriatric issues and in the European program «*Act on dementia*» "Creating Dementia friendly communities".

Member of the Hellenic Gerontological and Geriatric Society and the European Geriatric Medicine Society (EuGMS) and member of the [Community Nursing Division of HNA.](#)

President of the Educational Council and the Examination Board of the Nursing specialty of Gerontological Nursing in Greece.