

<b>Curriculum vitae</b>	<b>Stefanidou Spiridoula</b>
<p><b>Name:</b> Stefanidou Spiridoula RN, MSc, PhD candidate  <b>Current Position:</b> Lecturer  <b>Scientific Domain:</b> Basic Nursing  <b>Sector:</b> A' Basic Nursing  <b>Laboratory:</b> Basic Nursing (K13 204), Tel: 2105385613  <b>Office Tel:</b> 0030 210-5385613  <b>Email:</b> <a href="mailto:sstefan@uniwa.gr">sstefan@uniwa.gr</a></p>	
<b>Education</b>	
<p><b>2014:</b> PhD Candidate, School of Medicine, National and Kapodistrian University of Athens.  <b>2008:</b> Master of Science "Health Promotion &amp; Health Education", School of Medicine, National and Kapodistrian University of Athens.  <b>2001:</b> Degree in Counseling and Guidance, SELETE at Athens.  <b>1994:</b> Annual Postgraduate Teacher Training Program in PATES – SELETE at Athens (now ASPAITE).  <b>1991:</b> Degree in Nursing, Nursing Department, National and Kapodistrian University of Athens.  <b>1985:</b> Degree in Specialty in Surgical Nursing from General Hospital of Athens "Evangelismos".  <b>1984:</b> Degree of Higher Nursing School from General Hospital of Athens "Evangelismos."</p>	
<b>Academic Appointments</b>	
<p><b>1994 – 2017:</b> Faculty Member, Department of Nursing, TEI of Athens  <b>2018 – σήμερα:</b> Faculty Member, Department of Nursing, University of West Attica.</p>	
<b>Professional Experience</b>	
<p><b>1984 – 1994:</b> RN Nurse in Surgery Clinic at General Hospital of Athens "Evangelismos"  <b>1994 -2017:</b> Faculty Member, Department of Nursing, TEI of Athens  <b>2018 – σήμερα:</b> Faculty Member, Department of Nursing, University of West Attica.</p>	
<b>Research Interests</b>	
<p>Clinical education, Health promotion, Individual-family psychosocial assessment, Communication skills, Patients with chronic health problems.</p>	
<b>Teaching Areas</b>	
<p><b>2004 – Today:</b> "Basic Nursing I and II", "Introduction to Nursing Science".  <b>2019:</b> Laboratory of Nursing Pharmacology  <b>2004 – 2014:</b> Community Nursing  <b>1994 -2004:</b> Psychiatric Nursing, Pathological - Surgical Nursing</p>	

## Publications

1. Pappa A, Koutelekos I, Chrysovitsanou C, Polykandrioti M, **Stefanidou S**. Factors associated with perceived social support of patients with multiple sclerosis. *Curr J Neurd* 2021, 20, (2): 64 -72.
2. Polikandrioti M, **Stefanidou S**. Depression in non-psychiatric patients. *Rostrum of Asclepius* 2013, 12 (4): 397- 408.
3. **Stefanidou S**, Gerogianni G. The need of providing information to hospitalized patients. *Perioperative nursing* 2012, 1 (1): 15 -2.
4. **Stefanidou S**, Babatsikou F, Koutis C, Kristalli E. Nutritional intervention program among office employees. *Epiteorese Klinikes Farmakologias και Farmakokinetikes-Greek Edition* 2011, 29, 21-30.

## Other Activities

- Foreign Language: English.
- Member in Research Laboratory 'Nursing Rehabilitation of the Chronically Ill', University of West Attica
- Member of National Nurses Association of Greece
- Member of the Hellenic Nurses Association