

**Name:** Chrysoula Tsiou

**Current Position:** Professor (Code APELLA: 19638)

**Scientific Domain:** Adult nursing and perioperative nursing

**Sector:** Medical-Surgical Nursing

**Administrative positions:**

2014-today-Director of Post Graduate Studies Program "Neurological Disorders - Evidence Based Practice", Nursing Department, University of West Attica,

2021-today- Director of Sector "Medical-Surgical Nursing", Nursing Department, University of West Attica

2019-today-Deputy Director of Research Laboratory "Nursing Rehabilitation of Chronically Ill", Nursing Department, University of West Attica

2013: Head of Nursing Department at the former Technological Educational Institute of Athens

2014-2016: Head of Sector of Courses "Adult Nursing/Medical-Surgical Nursing)", Nursing Department at the former of the Technological Educational Institute of Athens

Administrative Work in Committees:

2020 - today- Member of the Board of the Lifelong Learning and Training Center, University of West Attica

2018 – today- Member of the Coordinating Committee Post Graduate Studies Program "Management of Chronic Diseases", Nursing Department, University of West Attica

2018- Member of the University of West Attica Research Committee

**Laboratory:** Emergency Nursing: Clinical Laboratory in the NHS Hospitals

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**Pubmed** <https://pubmed.ncbi.nlm.nih.gov/?term=tsiou>

**Web of Science:** Researcher ID [ABD-3381-2020](#)

<https://publons.com/researcher/4007454/chrysoula-tsiou/>

**Scopus Author Identifier:** 23020314900

<https://www.scopus.com/authid/detail.uri?authorId=23020314900>

## Education

1999 PhD Degree in the field "Investigation of the problem of noise pollution in the operating rooms of Greek hospitals", Nursing Department, National and Kapodistrian University of Athens

1992 Post-graduate course in "Research Methods", Nursing Department, National and Kapodistrian University of Athens,

1989 Bachelor Degree in Nursing, Nursing Department, National and Kapodistrian University of Athens,

1982 Diploma of Visiting Nurse, at the former Higher School of Nurse and Visiting Nurse, Hellenic Red Cross

1981 Diploma of Nurse, at the former Higher School of Nurse and Visiting Nurse, Hellenic Red Cross

## Academic Appointments

9-12-2018 to day - Faculty member, Professor in "Adult Nursing and Perioperative Nursing", Nursing Department, University West Attica (full time, present position),

9-12-2015 -9-12-2018 - Professor in "Adult Nursing and Perioperative Nursing", Nursing Department, former Technological Educational Institute of Athens (full time),

25.6.2008 to 8-12-2015 - Associate Professor in "Adult Nursing (Medical-Surgical Nursing of all Human Body Systems)", Nursing Department, former Technological & Educational institute of Athens (full time),

3.3.2003 to 25.6.2008 - Assistant Professor in "Adult Nursing (Medical-Surgical Nursing of all Human Body Systems)", Nursing Department, former Technological & Educational institute of Athens (full time),

1984-1985 & 1987-89 Teaching staff – clinical nursing educator/instructor, former Technological Educational institute of Athens (part time).

## Professional Experience

**1983-2003** She has at least twenty years clinical experience as a nurse/senior nurse in the public sector. She served as a registered nurse in the Emergency Department of the General Hospital Asklepieio Voulas (1982-83), as senior nurse in the Surgery Department of Ippokrateio General Hospital of Athens (2003) and then she served for a number of years in various departments and units of 417-Army Share Fund Hospital (NIMTS), Athens where she worked for seven years in the Cardiology Intensive Care Unit, and then in pathology wards, surgery wards and in the Operating Room.

She also took on important administrative duties at 417-Army Share Fund Hospital as follows:

Head Nurse Department of Operating Room (1992-1994) and then of Nursing Departments (1996-2003).

Elected Member of Administrative Council (2002-2003), Member of Pharmacovigilance Committee (2000-2003), and Member of Hospital Infections Control Committee (1991-1993).

### Research Interests

Operating rooms, Adult Nursing, Hospital environment, Public Health, Nursing Education, History and ethnography of health.

### Teaching Areas

#### Undergraduate Courses

She teaches at the University of West Attica: Emergency Nursing, Perioperative Nursing, Neuroscience Nursing, and she taught at the former TEI of Athens: Emergency Nursing / ICU (2003-13 & 2015-18), Surgical Nursing I (2008-18), Surgical Nursing II (2003-09), Perioperative Nursing (2004-2009) and Medical Nursing II (2008-2017)

#### Postgraduate Courses

Neuroscience Nursing, Research Protocol and research methods, Health and noise, etc.

### Recent Publications

Demeneopoulou S., Mantzourou, M., Mandysova P., Margari M., Dokoutsidou E., Tsiligianni E., **Tsiou C.**, Adamakidou, T. Translation and Validation of "Brief Bedside Dysphagia Screening Test" in a Greek Sample of Neurological Patients. OBM Geriatr; 2021; 5(2)

- Adamakidou T., Papadopoulou A., Govina O., Mantzourou M., Apostolara P., Drakopoulou M., Mantoudi A., Konstantinidis T., **Tsiou C.** CN48 - Exploring anxiety, depression and quality of life of ambulatory cancer patients during chemotherapy. EONS12 at ESMO 2019, Cancer Nursing: Psychosocial care and survivorship. Ann Oncol; Oct. 2019, Vol. 30, Suppl. 5, p.v829-v830
- Chatziefstratiou AA,, Giakoumidakis K., Fotos NV., **Tsiou C.**, et all. The development & validation of the Factors Affecting Adherence Scale in Greece. J Hypers Comp; 2018, Vol.I, Issue I
- Laopoulou E., Papagiorgis P., Chrysovitsanou C., **Tsiou C.**, et all. Nurses' Knowledge about perioperative care of neurological patients J Per Pract; 2018, 29 (4), 87-93
- Peleki Th., Girvalaki C., Lozano F., Radu-Loghin C., Nguyen D., Harutyunyan A., Bakhturidze G., Trofor A., Demin A., Stoyka O., **Tsiou C.**, et all. Short-term impact of the EuroPeian Accredited Curriculum on Tobacco Treatment Training (EPACTT) program. Tob. Prev. Cessation, 2018; 4 (July):28,
- Fiseki G., Xatzidakis E., **Tsiou C.**, et all. The Burden of Family Caring for Patients with Brain and Spinal Cord Tumors, Hellenic J Nurs; 2017, 56 (4), 373-383 (Greek but a summary in English)
- Kyriakoulis K., Patelarou A., Laliotis A., Wan AC, Matalliotakis M, **Tsiou C.**, Patelarou E. Educational strategies for teaching evidence-based practice to undergraduate health students: systematic review. J Educ Eval Health Prof; 2016, 22;13:34
- Plakas S., Mastrogiannis D., Mantzourou M., Adamakidou T., Fouka G., Bouziou A., **Tsiou C.**, et all. Validation of the 8-Item Morisky Medication Adherence Scale in Chronically Ill Ambulatory Patients in Rural Greece. OJN; 2016, 6(3):158-169
- Papagiorgis P., Koreli A., **Tsiou C.**, et all. Nursing Students Participation and the Degree of Involvement in Essential Nursing Activities during Their Clinical Practice in Hospital Settings, Inter J Caring Sci; 2016, 9 (2): 612-618
- Mandysova P., Fusek J., **Tsiou C.**, Plakas S. A cross-border educational session promoting nursing dysphagia screening in Greece. Kontakt; 2016, 18(2): e56–e63
- Thanou E., **Tsiou C.**, et all. A Stress Management and Health Promotion Intervention for Parents of Children with Cerebral Palsy and Motor Disability at the Infant Department of the Greek Center for the Protection and Rehabilitation of the Disabled (ELEPAP). Quasi-Experimental Study. Psychol; 2016, 7(4):557-564
- Papagiorgis P., Patrikios I., Chaniotis D., **Tsiou C.** The neurological patient in the operating room, Surg Chronicle; 2016, 21 (2), 52-63 (Greek but a summary in English)
- Tsiou C.**, Belesi P. Perioperative patients anxiety, Perioperative Nurs; 2016, 5 (2), 75-94 (Greek but a summary in English)
- Patelarou A., Belesi P., **Tsiou C.** Investigation of the level of information and preoperative anxiety in thoracosurgical patients-A pilot study, Arch Hellenic Med; 2015, 32 (1), 45-53 (Greek but a summary in English)
- Tsiou C.**, Xekouki D., et all. Investigation of the Problems of Patients with Idiopathic Inflammatory Bowel Disease-A Pilot Study, Hellenic J Nurs; 2015, 54 (3), 250-259 (Greek but a summary in English)
- Tsiou C.**, Plakas S. Anxiety of family members of patients undergoing surgery. Perioperative Nurs; 2015, 4(3):95-105 (Greek but a summary in English)
- Patelarou A., Laliotis A., Sifaki Pistola D., Marinaki S., Androulaki Z., **Tsiou C.**, Brokalaki H. Do we

really collaborate effectively in the operating theatre? A cross-sectional study in two hospitals in Greece. Intern J Adv Nurs Stud; 2014, 3(2) 113-121

## **Conferences-Other Activities**

### **Special Education**

(1) Hospital Infections (2) PC and SPSS, (3) Health Services Administration, (4) Holistic Therapy: Bioregulatory Medicine and Electroacupuncture according to Dr. Voll, International BodyTalk Association / Module 1 & Module 2, IBA global healing, International BodyTalk Association / BreakThrou, International BodyTalk Association / BodyTalk BodyTalk Access, Craniosacral Therapy.

### **Other Information**

She is a member of the Hellenic Nurses Association and Member of the International Dance Council (CID).

She is a Supervisor Professor in doctoral candidates and in a number of diploma theses.

She has worked as a leading member of the research team in the EPEAEK ARCHIMEDIS research project on the subject: The healthy longevity of the eternal in Greece, with Manager Prof. Ch. Darviri, 2004-2006.

She is an author or co-author in many scientific papers published in peer-reviewed journals. Part of her published work has been internationally recognized by the scientific community as have been published in reputable journals with impact factor (Intensive Care Medicine, Journal of Advanced Nursing, Journal of the Acoustical Society of America, and others).

She has presented a significant number of projects at conferences, has served numerous times in scientific and organizational conference committees and in scientific committees of nursing scientific journals.

She acts as a reviewer in international scientific journals mainly in the Journal "Noise and Health". She Received an "Honorable Mention" from the Administration of 417-Army Share Fund Hospital (NIMTΣ), Athens for Contribution to the Successful Outcome of the International Conference of Gastroenterologists and Surgeons (Athens 9-11/12/1993).