

CURRICULUM VITAE

Name: EVRIDIKI KABA

Current Position: Associate Professor

Scientific Domain: Basic Nursing Care and Adults' Rehabilitation – **(Code APELLA):** 13665

Sector: A' Basic Nursing

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Education

1993 Technological and Educational Institute of Athens, Department of Nursing, Nursing Degree. 1997 University of Glasgow, Department of Nursing, Ph.D. in Nursing

Academic Appointments

2008-2020 Assistant Professor,

2020-today Associate Professor, Department of Nursing, University of West Attica,

January 2008 – November 2008 Frederick University of Cyprus, Visiting Professor

Professional Experience

2020-now, Associate Professor, Nursing Department, University of Western Attica. 2008-2020 Assistant Professor Technological Educational Institute of Athens, Greece, April 2002- Febr 2005, General Hospital of Volos, Psychiatric Nurse, Nov 1997-June1999 University of York, UK, Department of Health Sciences and Clinical Evaluation Post-Doctoral Research Fellow.

Research Interests

Qualitative Research, Evidence Based Practice, Communication skills in Nursing, Nursing Rehabilitation.

Teaching Areas

Undergraduate Courses: Introduction to Nursing, Basic Nursing I & II, Health Promotion, Communication Skills, and Rehabilitation Nursing

Postgraduate Courses: Fundamentals of Qualitative Research in Nursing, , Research Design in Qualitative Research, Data Collection, Interview techniques , Methods of data analysis, Management and coding of qualitative data. Techniques of searching evidence, Critiquing Qualitative papers, Writing a Research Protocol for a Qualitative Study

Recent Publications

1)Goula, A.; Chatzis, A.; Stamouli, M.-A.; Kelesi, M.; **Kaba, E.**; Brilakis, E. Assessment of Health Professionals' Attitudes on Radiation Protection Measures. Int. J. Environ. Res. Public Health 2021, 18, 13380. <https://doi.org/10.3390/ijerph 182413380>

2)**Kaba, E.**, Stavropoulou, A., Kelesi, M., Triantafyllou, A., Goula, A., & Fasoi, G. (2021). Ten Key Steps to Writing a Protocol for a Qualitative Research Study: A Guide for Nurses and Health Professionals. Global Journal of Health Science, 13, 58.

3)Dimitrios E. Papageorgiou, **Evridiki Kaba**, Martha Kelesi, Areti Stavropoulou, Penelope E. Tziliali, Niki Pavlatou, Georgia Fasoi. Assessing Patients' Needs in Greek Intensive Care Units. Validation of a Respiratory Patient Satisfaction Scale. Journal of Education and Practice, Vol 12, No 17 (2021)

4)**Evridiki, Kaba**, Stavropoulou Areti, Kelesi Martha, Toylia Georgia and Fasoi-Barka Georgia. "Critiquing a Grounded Theory Research Paper: An Educational Guide for Nurses." Global

Journal of Health Science 13 (2021): 92.

- 5)Stavropoulou A, Vlamakis D, **Kaba E**, Kalemikerakis I, Polikandrioti M, Fasoi G, Vasilopoulos G, Kelesi M. "Living with a Stoma": Exploring the Lived Experience of Patients with Permanent Colostomy. *Int J Environ Res Public Health*. 2021 Aug 12;18(16):8512. doi: 10.3390/ijerph18168512. PMID: 34444262; PMCID: PMC8393572.
- 6)Goula A, Stamouli M-A, Alexandridou M, Vorreakou L, Galanakis A, Theodorou G, Stauropoulos E, Kelesi M, **Kaba E**. Public Hospital Quality Assessment. Evidence from Greek Health Setting Using SERVQUAL Model. *International Journal of Environmental Research and Public Health*. 2021; 18(7):3418. <https://doi.org/10.3390/ijerph18073418>
- 7)Moudatsou M, Koukouli S, Palioka E, Pattakou G, Teleme P, Fasoi G, **Kaba E**, Stavropoulou A. Caring for Patients with Psychosis: Mental Health Professionals' Views on Informal Caregivers' Needs. *International Journal of Environmental Research and Public Health*. 2021; 18(6):2964.<https://doi.org/10.3390/ijerph18062964>
- 8)Papathanasiou, Ioanna & Rammogianni, Anna & Papagiannis, Dimitrios & Malli, Foteini & Mantzaris, Dimitrios & Tsaras, Konstantinos & Kontopoulou, Lamprini & **Kaba, Evridiki** & Kelesi, Martha & Fradelos, Evangelos. (2021). Frailty and Quality of Life Among Community-Dwelling Older Adults. *Cureus*. 13. e13049. 10.7759/cureus.13049.
- 9)Fasoi, G.; Patsiou, E.C.; Stavropoulou, A.; **Kaba, E.**; Papageorgiou, D.; Toylia, G.; Goula, A.; Kelesi, M. Assessment of Nursing Workload as a Mortality Predictor in Intensive Care Units (ICU) Using the Nursing Activities Score (NAS) Scale. *Int. J. Environ. Res. Public Health* 2021, 18, 79.<https://doi.org/10.3390/ijerph18010079>
- 10)**Kaba, E.**; Triantafyllou, A.; Fasoi, G.; Kelesi, M.; Stavropoulou, A. Investigating Nurses' Views on Care of Mentally Ill Patients with Skin Injuries. *Int. J. Environ. Res. Public Health* 2020, 17, 7610.
- 11) G Sotnikova, G Fasoi, F Efstathiou, **E Kaba**, M Bourazani, M. Kelesi The Efficacy of Normal Saline (N/S 0.9%) Versus Heparin Solution in Maintaining Patency of Peripheral Venous Catheter and Avoiding Complications: a Systematic Review. *Mater Sociomed*. 2020 Mar; 32(1): 29-34.
- 12)Fasoi,G., Bourazani, M., Papatheodorou, D., Vlachou, E., Toylia, G., **Kaba, E.**, Lalou, P., Sotnikova, C., Kelesi, M. (2020). Exploration the Quality of Life and the Related Factors in Women with recent diagnosis of Gynecological Cancer, before the surgical treatment, in Greece. *Health and Research Journal*,6(3),114-122. <https://ejournals.epublishing.ekt.gr/index.php/HealthResJ>
- 13)Stavropoulou, Areti; Kelesi, Martha; Konstantakopoulou, Olympia; **Kaba, Evridiki**; Bellali, Thalia; Siskou, Olga; Rovithis, Michael; Kaitelidou, Daphne. Evaluating Lifelong Continuing Educational Program. *Nursing Care & Research / Nosileia kai Ereuna* . May-Aug 2019, Issue 54, p93-93. 1p
- 14)Maria Bourazani, Effie Papageorgiou, Georgios Zarkadas, Theodora Petrakopoulou, **Evridiki Kaba**, Georgia Fasoi, Martha Kelesi.(2019) The Role of Muscle Relaxants – Spasmolytic (Thiocolchicoside) in Postoperative Pain Management after Mastectomy and Breast Reconstruction. *Asian Pac J Cancer Prev*, 20 (3), 743-749
- 15)Sofia A. Balodimou, Efstathia G. Papageorgiou, Eleni E. Dokoutsidou, Dimitris E. Papageorgiou, **Evridiki P. Kaba**, Martha N. Kelesi (2018). Greek Nurses' Knowledge on the prevention of surgical site infection: An Investigation *Journal of Wound Care* 27 (12): Dec 2018.

16) **Evridiki Kaba** Martha Kelesi, Areti Stavropoulou Dimitrios Moustakas Georgia Fasoi (2017). How Greek nurses perceive and overcome the barriers in implementing treatment for pressure ulcers: "against the odds". Journal wound care. <https://doi.org/10.12968/jowc.2017.26.Sup9.S20>

17) **Evridiki Kaba**, Martha Kelesi, Georgia Fasoi, Fotoula Babatsikou, George Katsimigas & Areti Stavropoulou (2017). "Price to Pay for Being Alive": Coping with the Post-Operative Demands in Heart Transplantation .Global Journal of Health Science; Vol. 9, No. 3; 227-236

18) Deligianni, A., Kyriakidou, M., **Kaba, E.**, Kelesi, M., Rovithis, M., Fasoi, G. & Stavropoulou, A. (2017). "Empathy Equals Match": The Meaning of Empathy as It Is Perceived by Greek Nurse Students-A Qualitative Study. Global Journal of Health Science, 9(1), 171.

19) Garofyllou G, Kelesi Martha, Gerogianni G, Tsaras K, Fasoi G, **Kaba E**, Stavropoulou A. (2017) Quality of life of patients undergoing hemodialysis. Health and Research Journal, 3 (1):61-73.

20) Kelesi Martha, Fasoi Georgia, Papageorgiou E. Dimitrios, Tsaras Konstantinos, **Kaba Evridiki**, Stavropoulou Areti, Polykandriotis Tzannis, Vlachou Eugenia. An Investigation Of Factors Determining The In Six General Public Hospitals In Greece. IJMCSI Volume 3 Issue 3 [March 2016]. DOI: <http://dx.doi.org/10.18535/ijmcsi/v3i3.08>

CITATIONS > 700

Conferences-Other Activities

Publications in Conferences' Abstracts

- 1.) Kaba E. and Jones K. (1999). Evaluation of the implementation of guidelines in general practice. 1999 Nursing Health Policy and Health Services Research conference, Columbia University, New York, USA.
- 2) Smith, LN, Gray, M, Johnston, B, Kaba E (1998) A Critique of In-depth Interview Data & Presentation RCN International Research Conference Edinburgh April 1998, Endinburgh, Scotland, UK.
- 3) Kaba E. (1998). A Grounded Theory study to research psychological problems and coping strategies in heart transplant recipients. Prevention and Intervention. The 12th Conference of the European Health Psychology Society. Vienna, Austria, 31st August -02 September 1998.
- 4) Kaba E and NEBPINY team: Critical Appraisal Workshop. 'Does nicotine replacement therapy help patients give up smoking?' Thursday 22 January 1998, Hull, UK
- 5) Kaba E. (1996). Patient's perceptions of their experience following heart transplantation. The Centre for Advanced Nursing Practice. Lincoln, Nebraska, October 2nd, 1996. USA
- 6) Kaba E. and Shanley E. (1996). The Coping Process with Heart Transplantation: A Qualitative Approach using Grounded Theory. Developing professional Roles in Practice, Lothian College of Health Studies, 1st Biennial International Nursing & Midwifery Conference (Edinburgh, Scotland, UK), 10-12 April 1996.
- 7) Kaba E. and Shanley E. (1996). Grounded Theory as a research method for documenting Heart Transplant Patients' Biopsychological status and Coping capacity. Royal College of Nursing (RCN), Annual Nursing Research Conference, Newcastle upon Tyne, UK, March 29-31, 1996.

8) Kaba E. and Shanley E. (1995). Psychobiological Problems and Coping Strategies of Heart Transplant Recipients. "Breaking the Boundaries" Conference, 15 Sept. 1995, Royal Concert Hall, Glasgow, Scotland, UK.

9) Shanley E. and Kaba E. (1995). Nurses' role in helping cardiac transplant patients cope with their physical and psychological problems. International Nursing Congress "Quality in Nursing: Realities and Visions", 6-9 June 1995, Athens Greece.

BOOK CHAPTERS

Kaba E, Stavropoulou A. Sleep Disorders In: Fundamentals and Clinical Skills in Nursing. Fasoi G; Kelesi M; Papageorgiou D. Konstantaras (2019) (ISBN 9789606080456) (Eudoxous code 86199064).

Kaba E, Lyrakos G. Stress and Coping Strategies In: Introduction in Nursing and Health Care, ISBN: 9789963716791, BROKEN HILL PUBLISHERS

Kaba E. Stress and Stressors-Coping Strategies In: Introduction in Nursing. Fasoi G; Kelesi M; Papageorgiou D. Konstantaras (2016) ISBN: 978-960-6802-94-2.

REVIEWER

- 1) Guest Editor of **Special Issue "Evidence Based Nursing"** του περιοδικού «*International Journal of Environmental Research and Public Health*» με **Impact Factor: 3.390** (published by **Web Of Science Clarivate Analytics of the Journal Citation Reports® - Thomson Reuters** - των εκδόσεων Multidisciplinary Digital Publishing Institute (**MDPI**) https://www.mdpi.com/journal/ijerph/special_issues/Evidence-Based_Nursing
- 2) Guest Editor of **Special Issue "Innovations in Health Economics, Social Policy and Health Management"** του περιοδικού «*International Journal of Environmental Research and Public Health*» με **Impact Factor: 3.390** (published by **Web Of Science Clarivate Analytics of the Journal Citation Reports® - Thomson Reuters** - των εκδόσεων Multidisciplinary Digital Publishing Institute (**MDPI**). https://www.mdpi.com/journal/ijerph/special_issues/HESPHM
- 3) Sentinel Reader for Evidence-Based Nursing. British Medical Journal (BMJ) Publishing Group and the Health Information Research Unit at McMaster University, Health Information Research Unit at McMaster University, the Editorial Office for Evidence-Based Nursing
- 4) Journal of Advanced Nursing- (Paper Reviewer)