

STELIOS PARISSOPOULOS

Name: Stelios Parissopoulos

Current Position: Assistant Professor of Intensive Care Nursing and Medical Anthropology

Scientific Domain: Nursing – (APELLA Code): 32918

Sector: Medical & Surgical Nursing

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Pubmed: <https://www.ncbi.nlm.nih.gov/myncbi/stelios.parissopoulos.1>

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Education

Mr Parissopoulos obtained his Degree in Nursing at the Technological Educational Institute (T.E.I.) of Athens in 1994, and his Degree (BSc-Hons) in Social Anthropology at the PANTEIO University of Athens in 2009. He was an Erasmus Exchange student at Sheffield Hallam University as a 4th year internship student at Royal Hallamshire Hospital, Sheffield, UK. He obtained his Master of Medical Science in Clinical Nursing at The University of Sheffield (2000), specialized in Intensive Care Nursing and completed the Mentor Preparation course at the University of Brighton (level 3, 2007, 2008). Mr Parissopoulos obtained his PhD at the Department of Social Anthropology, Panteion University of Social and Political sciences, Athens. Ethnographic study on “Nursing Praxis in Intensive Care Unit. Clinical decision making and power relations” (2021).

Academic Appointments

Mr. Parissopoulos taught as a lecturer at the Department of Nursing of T.E.I. of Athens and since March 2018 he has been teaching at the University of West Attica. He has taught in higher education institutions (undergraduate, postgraduate and doctoral level) in Greece and abroad. Mr. Parissopoulos was Erasmus Academic Coordinator from 2009 to 2013 and continues to be member of the Erasmus Committee.

Professional Experience

Clinical experience in England as a nurse 1996-2009: Mr Parissopoulos worked as a Nurse (Staff Nurse) and as a Senior Staff Nurse (Intensive Care) at the British National Health Service from 1996-2009. From 1996 to 2003 he worked as a Nurse (Staff Nurse) at Northern University Hospital, Sheffield Teaching Hospitals NHS Trust and more specifically in Departments of the Acute Medicine (Elderly Rehabilitation Unit, Acute Respiratory Medical Ward, Emergency Medical Admissions Unit) and in Intensive

Care Units (General Intensive Therapy Unit, Cardiothoracic Intensive Care Unit) of the Emergency and Intensive Care Sector. In 2003 he was appointed Central Transplant Coordinator at the National Transplant Organization (Athens), and from 2005 to 2009 he worked as a Nurse and Senior Staff Nurse - Band 6 in the Intensive Care Unit of the Royal Sussex University Hospital, Brighton & Sussex University Hospitals NHS Trust "in Brighton, where he specialized in Nursing Intensive Care - ICU. Finally, Mr. Parissopoulos gained further clinical experience as a specialist ICU Nurse in London hospitals.

Hospitals: Sheffield Teaching Hospitals NHS Trust (1996-2003), Brighton and Sussex University Hospitals NHS Trust (2005-2009), ICU specialist agency nurse, London (2004-2005): University College London Hospitals NHS Trust – ITU (Middlesex Hospital, National Heart Hospital & National Hospital of Neurology & Neurosurgery), St George's Healthcare NHS Trust – CICU, Royal Brompton and Harefield Hospital NHS Trust – CICU, Cromwell Hospital - ITU & HDU, Wellington Hospital – ITU, Hartley Street Clinic – ITU, Royal Free Hampstead NHS Trust – ITU, Chelsea and Westminster NHS Trust

Research Interests

His research and writing interests include topics such as: Intensive Care, Nursing (Clinical Decision Making, Nurses' Professional Identity), Ethnographic and Qualitative Investigation of the Experience of illness and "Caring", Anthropology of Health and Disease. He has published in Greek and international journals, conference proceedings, and has >300 citations in internationally recognized journals and scholarship work (PhD and Master theses). He is also a member of the research laboratory "ICU Follow-up Care Lab", <https://iculab.uniwa.gr/en/homepage/>.

Teaching Areas

Undergraduate Modules/subjects:

- Sociology of Health and Illness – theory – year 1
- Intensive Care Nursing – theory and practice – year 4
- Diagnostic Nursing – laboratory – year 2
- Medical Nursing I – clinical skills laboratory – year 2
- Clinical Nursing Internship I – year 3
- Clinical Nursing Internship II – year 4
- Erasmus program – incoming – spring and winter semester

Postgraduate Courses:

- Lectures at the master course "Neurological Diseases-Modern Practice Based on Evidence", 2014-2018
- Lectures at the master course "Management of Chronic Diseases", 2018-2023
- Lectures at the master course "Community and Public Health Nursing" 2020-2024
- Lectures in the interdepartmental master course "Intensive Care Units - Cardiology, Medicine and Nursing Care", 2020-2023
- Lectured at the master course "Treatment and Care of Wounds and Ulcers", 2021
- Supervising professor / member of a supervising committee in degree, master

theses and PhDs

- Teaching, presentations and clinical tutorials at conferences and universities abroad with the Erasmus teaching mobility program (Belgium, Finland, Czech Republic, Netherlands, Ireland, Cyprus)

Recent Publications

- 2023 Koutsavli D, A Kalogianni, E B Souvatzi, E Misouridou, G Toulia, D Papageorgiou, F Timmins, M Kelesi-Stavropoulou, T Kapadochos, C Charitos, A Stavropoulou, E Kaba, N Pavlatou, N Margari, S Parissopoulos, ICU Follow-Up Care Lab, Department of Nursing, University of West Attica, Athens, The lived experience of patients with left ventricular assist devices: a systematic review of qualitative studies, *European Heart Journal*, 44, Issue Supplement_2, November 2023, ehad655.2885
- 2023 Lentzari L, Misouridou E, Karkou V, Paraskeva M, Tsiou C, Govina O, Kalogianni A, Parissopoulos S. The Experience of Dancing Among Individuals with Cerebral Palsy at an Inclusive Dance Group: A Qualitative Study. *Adv Exp Med Biol.* 2023;1425:443-456. PMID: 37581818
- 2023 Misouridou E, Segredou E, Stefanou E, Sakellaridi V, Gremou M, Kritsiotakis E, Kokori P, Roditi E, Karahaliou V, Rizavas I, Vasiliou A, Patseas S, Parissopoulos S. Family Recovery from Addiction and Trauma: An Interpretative Phenomenological Analysis of Mothers' Lived Experience. *Adv Exp Med Biol.* 2023;1425:105-117. PMID: 37581785
- 2023 Misouridou E, Mangoulia P, Pavlou V, Kasidi K, Parissopoulos S, Apostolara P, Roditi E, Sakellaridi V, Koutelekos I, Fasoï G, Fradelos E. Cultural Adaptation and Validation of the Spiritual Coping Strategies Scale (SCSS) for Greece. *Adv Exp Med Biol.* 2023;1425:183-190. PMID: 37581792
- 2023 Mpouzika, M.; Iordanou, S.; Kyranou, M.; Iliopoulou, K.; Parissopoulos, S.; Kalafati, M.; Karanikola, M.; Papathanassoglou, E. Strategies of Screening and Treating Post-Extubation Dysphagia: An Overview of the Situation in Greek-Cypriot ICUs. *Healthcare* 2023, 11, 2283. PubMed
- 2023 Psarrou A, Adamakidou T, Apostolara P, Koreli A, Drakopoulou M, Plakas S, Mastrogiannis D, Mantoudi A, Parissopoulos S, Zartaloudi A, et al. Associations between Physical Activity and Health-Related Quality of Life among Community-Dwelling Older Adults: A Cross-Sectional Study in Urban Greece. *Geriatrics.* 2023; 8(3):61. PubMed
- 2023 Moustakopoulou, L.; Adamakidou, T.; Plakas, S.; Drakopoulou, M.; Apostolara, P.; Mantoudi, A.; Mastrogiannis, D.; Zartaloudi, A.; Parissopoulos, S.; Koreli, A.; Mantzorou, M. Exploring Loneliness, Fear and Depression among Older Adults during the COVID-19 Era: A Cross-Sectional Study in Greek Provincial Towns. *Healthcare* 2023, 11, 1234. PubMed
- 2023 Timmins, F., Green, C., Parissopoulos, S. and Thompson, D.R. (2023), Management and leadership of intensive care units for the future. *Nurs Crit Care*, 28: 149-152. PubMed
- 2023 Parissopoulos, S.; Timmins, F.; Mpouzika, M.; Mantzorou, M.; Kapadochos, T.; Papagaroufali, E. Intensive Care Nurses' Experience of Caring in Greece; A Qualitative Study. *Healthcare* 2023, 11, 164, PubMed
- 2022 Lamproy A., Mantzorou M., Mastrogiannis D., Plakas S., Parissopoulos S.,

Tsiou Ch. (2022) Aging and Noise Sensitivity in Urban Environments. Abstracts of the 18th Congress of the European Geriatric Medicine Society. *Eur Geriatr Med* 13 (Suppl 1), 1–439 (2022) S155

- Tsali F, M Mantzorou, S Parissopoulos, C Kleisiaris, K Lambrini, T Adamakidou (2022) Older Adults' Psychological Well-Being Promotion in Home Healthcare, Abstracts of the 18th Congress of the European Geriatric Medicine Society. *Eur Geriatr Med* 13 (Suppl 1), 1–439 (2022) S338

Book Editor in translation

- Original work: 2021 Nettleton S. *Sociology of Health and Illness* (4th edition), Polity

Conferences-Other Activities

- 2023 Ελευθερίου Γιαννούλα, Βλάχου Ευγενία, Μισουρίδου Ευδοκία, Πρασίνη Ιωάννα, Γκοβίνα Ουρανία, Φασόη Γεωργία, Παρισσόπουλος Στέλιος. «The Lived Experience of Type 1 Diabetes Mellitus in Young Adults: Acceptance of Cohabitation», Διεπιστημονικό Συμπόσιο Νοσηλευτικών Ερευνών του Ινστιτούτου Υγείας, ΙΝΕΠΥ, 1-3 Δεκεμβρίου 2023, Δημητσάνα
- 2023 Koutsavli D., A. Kalogianni, E-B. Souvatzi, E. Misouridou, G. Toulia, D. Papageorgiou, F. Timmins, M. Kelesi-Stavropoulou, T. Kapadochos, C. Charitos, A. Stavropoulou, E. Kaba, N. Pavlatou, N. Margari, S. Parissopoulos 2023. The lived experience of patients with left ventricular assist devices: a systematic review of qualitative studies. Moderated POSTER presentation, European Society of Cardiology [ESC] Congress 2023 Amsterdam August 25-28 2023
- 2022 “Aging and Noise Sensitivity in Urban Environments” Lamproy A., Mantzorou M., Mastrogiannis D., Plakas S., Parissopoulos S., Tsiou Ch. (2022). 18th EUGMS International Congress 2022 “Better Together-Multidisciplinary Team Working” European Geriatric Medical Society London 28-30 September
- 2022 “Older Adults’ Psychological Well-Being Promotion in Home Healthcare” Tsali F, M Mantzorou, S Parissopoulos, C Kleisiaris, K Lambrini, T Adamakidou (2022) 18th EUGMS International Congress 2022 “Better Together-Multidisciplinary Team Working” European Geriatric Medical Society London 28-30 September
- 2022 “The Experience of Dancing Among Individuals with Cerebral Palsy at an Inclusive Dance Group. A Qualitative Study” Lentzari Lydia, Evdokia Misouridou, Vicky Karkou, Marianthe Paraskeva, Chrysoula Tsiou, Ourania Govina, Antonia Kalogianni and Stelios Parissopoulos. 5th worldwide conference on "Genetics, Geriatrics and Neurodegenerative disease research", GeNeDis 2022, Zante 20-22 Οκτωβρίου
- 2022 “Family recovery from addiction and trauma: An Interpretative Phenomenological Analysis of mothers’ lived experience” Misouridou Evdokia, Eirini Segredou, Evangelia Stefanou, Vasiliki Sakellaridi, Marilena Marilena Gkremou, Emmanuel Kritsiotakis, Panagiota Kokori, Eleni Roditi, Evangelia Karahaliou, Ioannis Rizavas, Antonios Vasiliou, Stavros Patseas and Stelios Parissopoulos. 5th worldwide conference on "Genetics, Geriatrics and Neurodegenerative disease research", GeNeDis 2022, Zante 20-22 Οκτωβρίου
- 2022 “Cultural Adaptation and validation of the Spiritual Coping Strategies

Scale (SCSS) for Greece” Missouridou Evdokia, Polyxeni Mangoulia, Vassiliki Pavlou, Ekaterini Kasidi, Stelios Parissopoulos, Paraskevi Apostolara, Eleni Roditi, Vasiliki Sakellaridi, Ioannis Koutelekos, Georgia Fasoi and Evangelos Fradelos. 5th worldwide conference on "Genetics, Geriatrics and Neurodegenerative disease research", GeNeDis 2022, Zante 20-22 Οκτωβρίου

- 2022 “Exploring the lived experience of parents with children and teenagers in the spectrum of autism” Τσαγκλή Ε, Μισουρίδου Ε, Αποστολάρα Π, Γκοβίνα Ο, Τσίου Χ, Λέντζαρη Λ, Παρασκευά Μ, Παρισσόπουλος Σ. 49ο Πανελλήνιο Συνέδριο ΕΣΝΕ Chios 2022
- 2022 “Living with ongoing fear: exploring the experience of migraine among female nurses” Καραγεώργου Α, Βασιλάκη Χ, Παρισσόπουλος Σ, Πλακάς Σ, Τσίου Χ. «. 49ο Πανελλήνιο Συνέδριο ΕΣΝΕ Chios 2022
- 2020 “Phenomenological exploration of the experience of life after liver transplant: a qualitative study” Παρασκευά Μ, Χ Τσίου, Α Στάμου, Α Κορέλη, Σ Παρισσόπουλος. 18ο Πανελλήνιο Ηπατολογικό Συνέδριο, 11-13 Σεπτεμβρίου 2020, Divani Caravel, Athens
- 2019 “The lived experience of life after liver transplant: transplantation as the passage ritual” Παρασκευά Μ, Τσίου Χ, Timmins F, Στάμου Α, Κορέλη Α, Παρισσόπουλος Σ –46ο Συνέδριο ΕΣΝΕ Milos 2019