

STELIOS PARISSOPOULOS

Name: Stelios Parissopoulos

Current Position: Assistant Professor in Intensive Care Nursing and Medical Anthropology

Scientific Domain: Nursing – (APELLA Code): 32918

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Pubmed: <https://www.ncbi.nlm.nih.gov/myncbi/stelios.parissopoulos.1>

PUBLONS - Web of Science Researcher ID: AAZ-7158-2021

Education

Mr Parissopoulos obtained his Degree in Nursing at the Technological Educational Institute (T.E.I.) of Athens in 1994, and his Degree (BSc-Hons) in Social Anthropology at the PANTEIO University of Athens in 2009. He was an Erasmus Exchange student at Sheffield Hallam University as a 4th year internship student at Royal Hallamshire Hospital, Sheffield, UK. He obtained his Master of Medical Science in Clinical Nursing at The University of Sheffield (2000), specialized in Intensive Care Nursing and completed the Mentor Preparation course at the University of Brighton (level 3, 2007, 2008). Mr Parissopoulos obtained his PhD at the Department of Social Anthropology, Panteion University of Social and Political sciences, Athens. Ethnographic study on “Nursing Praxis in Intensive Care Unit. Clinical decision making and power relations” (2021).

Academic Appointments

Mr. Parissopoulos taught as a lecturer at the Department of Nursing of T.E.I. of Athens and since March 2018 he has been teaching at the University of West Attica. He has taught in higher education institutions (undergraduate, postgraduate and doctoral level) in Greece and abroad. Mr. Parissopoulos was Erasmus Academic Coordinator from 2009 to 2013 and continues to be member of the Erasmus Committee.

Professional Experience

Clinical experience in England as a nurse 1996-2009: Mr Parissopoulos worked as a

Nurse (Staff Nurse) and as a Senior Staff Nurse (Intensive Care) at the British National Health Service from 1996-2009. From 1996 to 2003 he worked as a Nurse (Staff Nurse) at Northern University Hospital, Sheffield Teaching Hospitals NHS Trust and more specifically in Departments of the Acute Medicine (Elderly Rehabilitation Unit, Acute Respiratory Medical Ward, Emergency Medical Admissions Unit) and in Intensive Care Units (General Intensive Therapy Unit, Cardiothoracic Intensive Care Unit) of the Emergency and Intensive Care Sector. In 2003 he was appointed Central Transplant Coordinator at the National Transplant Organization (Athens), and from 2005 to 2009 he worked as a Nurse and Senior Staff Nurse - Band 6 in the Intensive Care Unit of the Royal Sussex University Hospital, Brighton & Sussex University Hospitals NHS Trust "in Brighton, where he specialized in Nursing Intensive Care - ICU. Finally, Mr. Parissopoulos gained further clinical experience as a specialist ICU Nurse in London hospitals.

Hospitals: Sheffield Teaching Hospitals NHS Trust (1996-2003), Brighton and Sussex University Hospitals NHS Trust (2005-2009), ICU specialist agency nurse, London (2004-2005): University College London Hospitals NHS Trust – ITU (Middlesex Hospital, National Heart Hospital & National Hospital of Neurology & Neurosurgery), St George's Healthcare NHS Trust – CICU, Royal Brompton and Harefield Hospital NHS Trust – CICU, Cromwell Hospital - ITU & HDU, Wellington Hospital – ITU, Hartley Street Clinic – ITU, Royal Free Hampstead NHS Trust – ITU, Chelsea and Westminster NHS Trust

Research Interests

His research and writing interests include topics such as: Intensive Care, Nursing (Clinical Decision Making, Nurses' Professional Identity), Ethnographic and Qualitative Investigation of the Experience of illness and "Caring", Anthropology of Health and Disease. He has published in Greek and international journals, conference proceedings, and has >350 citations in internationally recognized journals and scholarship work (PhD and Master theses). He is also a member of the research laboratory "ICU Follow-up Care Lab", <https://iculab.uniwa.gr/en/homepage/>.

Teaching Areas

Undergraduate Modules/subjects:

- Sociology of Health and Illness – theory – year 1
- Intensive Care Nursing – theory and practice – year 4
- Diagnostic Nursing – laboratory – year 2
- Medical Nursing I – clinical skills laboratory – year 2
- Clinical Nursing Internship I – year 3
- Clinical Nursing Internship II – year 4
- Erasmus program – incoming – spring and winter semester

Postgraduate Courses:

- Lectures at the master course "Neurological Diseases-Modern Practice Based on Evidence", 2014-2018
- Lectures at the master course "Management of Chronic Diseases", 2018-2024
- Lectures at the master course "Community and Public Health Nursing" 2020-2024
- Lectures in the interdepartmental master course "Intensive Care Units - Cardiology, Medicine and Nursing Care", 2020-2025

- Lectured at the master course "Treatment and Care of Wounds and Ulcers", 2021
- Supervising professor / member of a supervising committee in degree, master theses and PhDs
- Teaching, presentations and clinical tutorials at conferences and universities abroad with the Erasmus teaching mobility program (Belgium, Finland, Czech Republic, Netherlands, Ireland, Cyprus)

Recent Publications

- 2025 Tsagkli Efthalia , Ioanna Prasini, Evdokia Misouridou, Paraskevi Apostolara, Ourania Govina, Chrysoula Tsiou, Marianna Mantzorou, Marianthi Paraskeva, Lydia Lentzari, Theodoula Adamakidou, Helen Dokoutsidou, Fiona Timmins and Stelios Parissopoulos. The lived experience of parents raising a child with Autism Spectrum Disorder: “losing your way, being on a rollercoaster with ups and downs”. Springer Series Advances in Experimental Medicine and Biology style; 2025. ACCEPTED
- 2025 Paraskeva Marianthi , Lydia Lentzari, Chrysoula Tsiou, Alexandra Koreli, Aggeliki Stamou, Sotirios Plakas, Evdokia Misouridou, Marianna Mantzorou, Theodoula Adamakidou, Meropi Mpouzika, Nikoleta Margari, Ioanna Prasini, Fiona Timmins and Stelios Parissopoulos. A Phenomenological study on Transplant Life post-liver transplantation in Greece: Reconstructing identity and managing a transformed body. Springer Series Advances in Experimental Medicine and Biology style; 2025. ACCEPTED
- 2024 Parissopoulos S.; M. Mantzorou; M. Mpouzika; O. Govina; C. Tsiou; E. Vlachou; G. Fasoi; E. Evangelou; T. Adamakidou; S. Plakas; F. Timmins; A. Stamou; H. Dokoutsidou; E. Papagaroufali. An Ethnography on ICU Rounds: A Case of Nurses Being Subjectified as “Invisible” and “Absent” ESICM LIVES 2024 in Barcelona. Intensive Care Medicine Experimental 2024, 12(suppl 1):000492, p.242-243
- 2024 Parissopoulos S.; M. Mpouzika; F. Timmins; M. Mantzorou; O. Govina; C. Tsiou; D. Papageorgiou; T. Kapadochos; E. Evangelou; G. Fasoi; T. Adamakidou; S. Plakas; H. Dokoutsidou; A. Stamou; E. Papagaroufali. Nursing Praxis and Clinical Decision-Making in Intensive Care: An Anthropological Study on the Rituals and Practices of Nurses at a Hospital in Greece ESICM LIVES 2024 in Barcelona. Intensive Care Medicine Experimental 2024, 12(suppl 1):000711, p.353-354
- 2024 Karadimitri Dimitra , Odysseas-Konstantinos Pentas, Stelios Parissopoulos, Dimitrios Skempes, Maria Tsekoura, Savvas Spanos, Vagena E, Christina-Anastasia Raptidi, Vasiliki Sakellari, TITLE: Experiences of people with spinal cord injury living in the community in Greece. A phenomenological study on rehabilitation needs. Abstracts of the 20th Congress of the European Geriatric Medicine Society. Eur Geriatr Med 15 (Suppl 1), 1–419 (2024).
- 2024 Stylianou, Christos, Ioannis Kalemikerakis, Theocharis Konstantinidis, Alkmena Kafazi, Nektarios Alevizopoulos, Stelios Parissopoulos, and Ourania Govina. 2024. "Quality of Life and Symptom Burden in Non-Small-Cell Lung Cancer Patients Receiving Second-Line Chemotherapy Compared with Immunotherapy" *Medicina* 60, no. 11: 1845.

- 2024 Drimousi G, Mantzorou M, Plakas S, Parissopoulos S, Kleisiaris C, Adamakidou T. "Walking Along a Difficult Path Towards Reward": Home Healthcare Nurses' Work Experiences and Satisfaction. *Home Health Care Management & Practice*. 2024;0(0).
- 2023 Koutsavli D, A Kalogianni, E B Souvatzi, E Misouridou, G Toulia, D Papageorgiou, F Timmins, M Kelesi-Stavropoulou, T Kapadochos, C Charitos, A Stavropoulou, E Kaba, N Pavlatou, N Margari, S Parissopoulos, ICU Follow-Up Care Lab, Department of Nursing, University of West Attica, Athens, The lived experience of patients with left ventricular assist devices: a systematic review of qualitative studies, *European Heart Journal*, 44, Issue Supplement_2, November 2023, ehad655.2885
- 2023 Lentzari L, Misouridou E, Karkou V, Paraskeva M, Tsiou C, Govina O, Kalogianni A, Parissopoulos S. The Experience of Dancing Among Individuals with Cerebral Palsy at an Inclusive Dance Group: A Qualitative Study. *Adv Exp Med Biol*. 2023;1425:443-456. PMID: 37581818
- 2023 Missouridou E, Segredou E, Stefanou E, Sakellaridi V, Gremou M, Kritsiotakis E, Kokori P, Roditi E, Karahaliou V, Rizavas I, Vasiliou A, Patseas S, Parissopoulos S. Family Recovery from Addiction and Trauma: An Interpretative Phenomenological Analysis of Mothers' Lived Experience. *Adv Exp Med Biol*. 2023;1425:105-117. PMID: 37581785
- 2023 Missouridou E, Mangoulia P, Pavlou V, Kasidi K, Parissopoulos S, Apostolara P, Roditi E, Sakellaridi V, Koutelekos I, Fasoi G, Fradelos E. Cultural Adaptation and Validation of the Spiritual Coping Strategies Scale (SCSS) for Greece. *Adv Exp Med Biol*. 2023;1425:183-190. PMID: 37581792
- 2023 Mpouzika, M.; Iordanou, S.; Kyranou, M.; Iliopoulou, K.; Parissopoulos, S.; Kalafati, M.; Karanikola, M.; Papathanassoglou, E. Strategies of Screening and Treating Post-Extubation Dysphagia: An Overview of the Situation in Greek-Cypriot ICUs. *Healthcare* 2023, 11, 2283.
- 2023 Psarrou A, Adamakidou T, Apostolara P, Koreli A, Drakopoulou M, Plakas S, Mastrogiannis D, Mantoudi A, Parissopoulos S, Zartaloudi A, et al. Associations between Physical Activity and Health-Related Quality of Life among Community-Dwelling Older Adults: A Cross-Sectional Study in Urban Greece. *Geriatrics*. 2023; 8(3):61.
- 2023 Moustakopoulou, L.; Adamakidou, T.; Plakas, S.; Drakopoulou, M.; Apostolara, P.; Mantoudi, A.; Mastrogiannis, D.; Zartaloudi, A.; Parissopoulos, S.; Koreli, A.; Mantzorou, M. Exploring Loneliness, Fear and Depression among Older Adults during the COVID-19 Era: A Cross-Sectional Study in Greek Provincial Towns. *Healthcare* 2023, 11, 1234.
- 2023 Timmins, F., Green, C., Parissopoulos, S. and Thompson, D.R. (2023), Management and leadership of intensive care units for the future. *Nurs Crit Care*, 28: 149-152.
- 2023 Parissopoulos, S.; Timmins, F.; Mpouzika, M.; Mantzorou, M.; Kapadochos, T.; Papagaroufali, E. Intensive Care Nurses' Experience of Caring in Greece; A Qualitative Study. *Healthcare* 2023, 11, 164,
- 2022 Lamproy A., Mantzorou M., Mastrogiannis D., Plakas S., Parissopoulos S., Tsiou Ch. (2022) Aging and Noise Sensitivity in Urban Environments. Abstracts of the 18th Congress of the European Geriatric Medicine Society. *Eur Geriatr*

Med 13 (Suppl 1), 1–439 (2022) S155

- Tsali F, M Mantzourou, S Parissopoulos, C Kleisiaris, K Lambrini, T Adamakidou (2022) Older Adults' Psychological Well-Being Promotion in Home Healthcare, Abstracts of the 18th Congress of the European Geriatric Medicine Society. *Eur Geriatr Med* 13 (Suppl 1), 1–439 (2022) S338

Book Editor in translation from English to Greek

- Original work: 2021 Nettleton S. *Sociology of Health and Illness* (4th edition), Polity

Conferences-Other Activities

- 2024 Parissopoulos Stelios, Fiona Timmins, Theodoula Adamakidou, Marianna Mantzourou, Evdokia Misouridou, Martha Kelesi-Stavropoulou, George Tsakonitis, Sotirios Plakas, Meropi Mpouzika, Eleni Papagaroufali "An anthropological interpretation of morning "bed-baths" in intensive care in Greece: exclusion and nursing invisibility", ORAL PRESENTATION [20 minutes], 2024 IPONS - 27th International Nursing Philosophy Conference in association with the International Philosophy of Nursing Society (IPONS), Ioannina, Greece on 11-13 September 2024.
- 2024 Adamakidou Theodoula, Marianna Mantzourou, Sotirios Plakas, Chrysoula Tsiou, Christos Kleisiaris, Stelios Parissopoulos, Research Laboratory of Home Health Care, Improving Psychological Well-Being in Home Healthcare Users Through the Transformative Power of Nurse Visits: A Qualitative Study. "Transforming Community and Home Based Care in an Ageing World". International Conference Tsao Foundation-IHCNO The International Home Care Nurses Organization 18-20 April 2024, Singapore.
- 2024 Adamakidou Theodoula, Georgia Drimousi, Sotirios Plakas, Stelios Parissopoulos, Afroditi Zartaloudi, Paraskevi Apostolara, Marianna Mantzourou, Research Laboratory of Home Health Care, "Each Visit is Unique": Understanding the Nature of Home Healthcare Nursing Work. "Transforming Community and Home Based Care in an Ageing World" International Conference Tsao Foundation-IHCNO The International Home Care Nurses Organization 18-20 April 2024, Singapore.
- 2024 Prasini, I., Govina, O., Plakas, S., Vlachou, E., Tsiou, C., Tserkezoglou, A., Timmins, F., Mantzourou, M., Adamakidou, T., Koreli., A., Parissopoulos, S. 2024. Navigating the Spiritual Landscape: Integrating Spirituality in Interdisciplinary Palliative Care for Advanced Illness through Education and Raising Awareness. 18th National Conference "Current Issues in Palliative Care 2024", 25 April 2024, America Square Conference Center, London.
- 2023 Ελευθερίου Γιαννούλα, Βλάχου Ευγενία, Μισουρίδου Ευδοκία, Πρασίνη Ιωάννα, Γκοβίνα Ουρανία, Φασόη Γεωργία, Παρισσόπουλος Στέλιος. «The Lived Experience of Type 1 Diabetes Mellitus in Young Adults: Acceptance of Cohabitation», Διεπιστημονικό Συμπόσιο Νοσηλευτικών Ερευνών του Ινστιτούτου Υγείας, ΙΝΕΠΥ, 1-3 Δεκεμβρίου 2023, Δημητσάνα
- 2023 Koutsavli D., A. Kalogianni, E-B. Souvatzi, E. Misouridou, G. Toulia, D. Papageorgiou, F. Timmins, M. Kelesi-Stavropoulou, T. Kapadochos, C. Charitos, A. Stavropoulou, E. Kaba, N. Pavlatou, N. Margari, S. Parissopoulos

2023. The lived experience of patients with left ventricular assist devices: a systematic review of qualitative studies. Moderated POSTER presentation, European Society of Cardiology [ESC] Congress 2023 Amsterdam August 25-28 2023

- 2022 “Aging and Noise Sensitivity in Urban Environments” Lamproy A., Mantzourou M., Mastrogiannis D., Plakas S., Parissopoulos S., Tsiou Ch. (2022). 18th EUGMS International Congress 2022 “Better Together-Multidisciplinary Team Working” European Geriatric Medical Society London 28-30 September
- 2022 “Older Adults’ Psychological Well-Being Promotion in Home Healthcare” Tsali F, M Mantzourou, S Parissopoulos, C Kleisiaris, K Lambrini, T Adamakidou (2022) 18th EUGMS International Congress 2022 “Better Together-Multidisciplinary Team Working” European Geriatric Medical Society London 28-30 September
- 2022 “The Experience of Dancing Among Individuals with Cerebral Palsy at an Inclusive Dance Group. A Qualitative Study” Lentzari Lydia, Evdokia Misouridou, Vicky Karkou, Marianthe Paraskeva, Chrysoula Tsiou, Ourania Govina, Antonia Kalogianni and Stelios Parissopoulos. 5th worldwide conference on "Genetics, Geriatrics and Neurodegenerative disease research", GeNeDis 2022, Zante 20-22 October
- 2022 “Family recovery from addiction and trauma: An Interpretative Phenomenological Analysis of mothers’ lived experience” Missouridou Evdokia, Eirini Segredou, Evangelia Stefanou, Vasiliki Sakellaridi, Marilena Marilena Gkremou, Emmanuel Kritsiotakis, Panagiota Kokori, Eleni Roditi, Evangelia Karahaliou, Ioannis Rizavas, Antonios Vasiliou, Stavros Patseas and Stelios Parissopoulos. 5th worldwide conference on "Genetics, Geriatrics and Neurodegenerative disease research", GeNeDis 2022, Zante 20-22 October
- 2022 “Cultural Adaptation and validation of the Spiritual Coping Strategies Scale (SCSS) for Greece” Missouridou Evdokia, Polyxeni Mangoulia, Vassiliki Pavlou, Ekaterini Kasidi, Stelios Parissopoulos, Paraskevi Apostolara, Eleni Roditi, Vasiliki Sakellaridi, Ioannis Koutelekos, Georgia Fasoi and Evangelos Fradelos. 5th worldwide conference on "Genetics, Geriatrics and Neurodegenerative disease research", GeNeDis 2022, Zante 20-22 October
- 2022 “Exploring the lived experience of parents with children and teenagers in the spectrum of autism” Τσαγκλή Ε, Μισουρίδου Ε, Αποστολάρα Π, Γκοβίνα Ο, Τσίου Χ, Λέντζαρη Λ, Παρασκευά Μ, Παρισσόπουλος Σ. 49ο Πανελλήνιο Συνέδριο ΕΣΝΕ Chios 2022
- 2022 “Living with ongoing fear: exploring the experience of migraine among female nurses” Καραγεώργου Α, Βασιλάκη Χ, Παρισσόπουλος Σ, Πλακάς Σ, Τσίου Χ. «. 49ο Πανελλήνιο Συνέδριο ΕΣΝΕ Chios 2022
- 2020 “Phenomenological exploration of the experience of life after liver transplant: a qualitative study” Παρασκευά Μ, Χ Τσίου, Α Στάμου, Α Κορέλη, Σ Παρισσόπουλος. 18ο Πανελλήνιο Ηπατολογικό Συνέδριο, 11-13 Σεπτεμβρίου 2020, Divani Caravel, Athens
- 2019 “The lived experience of life after liver transplant: transplantation as the passage ritual” Παρασκευά Μ, Τσίου Χ, Timmins F, Στάμου Α, Κορέλη Α, Παρισσόπουλος Σ -46ο Συνέδριο ΕΣΝΕ Milos 2019