Curriculum Vitae

Parisis G. Gallos
Assistant Professor of Health Informatics
University of West Attica, Department of Nursing
Email: parisgallos@uniwa.gr

Education

- **PhD in Health Informatics** (Grade: Excellent), 2016
  National and Kapodistrian University of Athens (NKUA)
  Dissertation: "Mobile applications for informing travelers about health issues"

- **Master's Degree in Health Informatics** (Grade: Very Good), 2008
  National and Kapodistrian University of Athens (NKUA)

- **Bachelor of Nursing**, 2006
  National and Kapodistrian University of Athens (NKUA)

- **Bachelor of Computer Science**, 2024
  Hellenic Open University (HOU)

Academic Experience

- **Assistant Professor of Health Informatics**
  University of West Attica, Department of Nursing (Feb 2025 – Present)

- **Scientific Associate and Lecturer**
  National and Kapodistrian University of Athens (2010 – Present), Harokopio University (2022–2025), University of Piraeus (2021–2024), University of Thessaly (2017–2020), University of Peloponnese (2016–2017)

Teaching at undergraduate and postgraduate programs in the fields of:

- Health Informatics

- Health Information Systems

- Telemedicine

- Biostatistics

- Electronic Health Records and Health Data Sharing

Supervision of Master's theses on technology and health at NKUA and University of Piraeus (2022–2024)

Research Activities

Participation and management of research projects:

- **European Projects:** CrowdHEALTH, HEART, euPOLIS, MedSecurance, InSafeDare, AI4Work, TEAM

- **National Projects:** SUN4PATIENTS, ParICT_CENG, Mediludus

Research Interests:

- Health Informatics

- Health Information Systems

- Telemedicine and remote patient monitoring

- Mobile health applications (mHealth)

- Artificial Intelligence and data analytics in healthcare

Publications in international and Greek scientific journals and conferences

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Professional Experience

- **Scientific Associate at BioAssist S.A.** (2020–2024)

    - Development of telemedicine and telecare solutions

    - Active participation in European projects euPOLIS and HEART

- **Project Manager at European Federation for Medical Informatics (EFMI)** (2017–2024)

    - Management of European research projects (MedSecurance, InSafeDare, CrowdHEALTH)

- **Special Advisor at the Office of the President of EOPYY (National Organization for the Provision of Health Services)** (2019–2020)

    - Management and development of health information systems

    - Health data analysis and resolving interoperability issues

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Additional Skills and Interests

- **Languages:** Greek (native), English (C2)

- **Digital Skills:** Excellent use of MS Office (Word, Excel, PowerPoint, Access), expertise in VBA

- **Other Skills:** Emergency First Response Instructor, PADI IDC Staff Instructor

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Recent Publications

Peer-reviewed publications in Greek and International scientific journals and conferences.

2025 Development of a Decision Support System for Predicting the Evolution of Epidemics Using Open-Source Software Tools. M Papakonstantinou, E Zoulias, P Gallos, J Mantas. Studies in health technology and informatics 323, 429-433

2025 The Data Sharing Paradox of Synthetic Data in Healthcare. J Achterberg, B van Dijk, HM Waseem, P Gallos, G Epiphaniou, C Maple, … arXiv preprint arXiv:2503.20847

2025 Resilience and Social Support Protect Nurses from Anxiety and Depressive Symptoms: Evidence from a Cross-Sectional Study in the Post-COVID-19 Era. A Katsiroumpa, I Moisoglou, IV Papathanasiou, M Malliarou, P Sarafis, … Healthcare 13 (6), 582

2025 Characterizing a Framework for Assessment of the Use of FAIR Principles for Health Data in Digital Health Devices Regulation. CL Parra-Calderón, G Finocchiaro, S Harrison, G Epiphaniou, C Maple, … Envisioning the Future of Health Informatics and Digital Health, 270-274

2025 Association Between TikTok Use and Anxiety, Depression, and Sleepiness Among Adolescents: A Cross-Sectional Study in Greece. A Bilali, A Katsiroumpa, I Koutelekos, C Dafogianni, P Gallos, I Moisoglou, …

2025 Workload increases nurses' quiet quitting, turnover intention, and job burnout: evidence from Greece. P Galanis, I Moisoglou, A Katsiroumpa, P Gallos, M Kalogeropoulou, … AIMS Public Health 12 (1), 44-55

2024 Impact of Problematic TikTok Use on Mental Health: A Systematic Review and Meta-Analysis. P Galanis, A Katsiroumpa, Z Katsiroumpa, P Mangoulia, P Gallos, … Preprints

2024 Collaboration across Disciplines for the Health of People, Animals and Ecosystems. L Stoicu-Tivadar, A Benis, TM Deserno, SD Bolboacă, K Saranto, …

2024 Emotional Intelligence as Critical Competence in Nurses' Work Performance: A Cross-Sectional Study. P Galanis, A Katsiroumpa, I Moisoglou, K Derizioti, P Gallos, … Healthcare 12 (19), 1936

2024 Practice Environment Scale of the Nursing Work Index (5 items version): Translation and validation in Greek. A Katsiroumpa, I Moisoglou, O Konstantakopoulou, M Kalogeropoulou, …

2024 Engaging Leadership Scale (12 items version): Translation and A Validation in Greek. A Katsiroumpa, I Moisoglou, O Konstantakopoulou, M Kalogeropoulou, …

International Journal of Caring Sciences 17 (3), 1407

2024. A Novel Taxonomy for Navigating and Classifying Synthetic Data in Healthcare Applications. B van Dijk, J Achterberg, HM Waseem, P Gallos, G Epiphaniou, C Maple, … arXiv preprint arXiv:2409.00701

2024 INSAFEDARE Project: Innovative Applications of Assessment and Assurance of Data and Synthetic Data for Regulatory Decision Support. P Gallos, N Matragkas, SU Islam, G Epiphaniou, S Hansen, S Harrison, … Studies in health technology and informatics 316, 1193-1197

2024 AI4Work Project: Human-Centric Digital Twin Approaches to Trustworthy AI and Robotics for Improved Working Conditions in Healthcare and Education Sectors. I Maglogiannis, F Trastelis, M Kalogeropoulos, A Khan, P Gallos, … Studies in health technology and informatics 316, 1013-1017

2024 Emotional Intelligence Increases Nurses' Work Performance: Evidence from Greece. P Galanis, A Katsiroumpa, I Moisoglou, K Derizioti, P Gallos, … Preprints

2024 Digital Health and Informatics Innovations for Sustainable Health Care Systems-Proceedings of MIE 2024. J Mantas, A Hasman, G Demiris, K Saranto, M Marschollek, TN Arvanitis, … https://ebooks.iospress.nl/ISBN/978-1-64368-533-5

2024 Quantifying the Impact of Nature based Interventions on Citizen Health and Well-being. E Protopapadakis, P Gallos, S Kalogridis, T Karali, E Marinou, E Sardis, … Proceedings of the 17th International Conference on PErvasive Technologies …

2024 Utrecht Work Engagement Scale (nine items version): Translation and validation in Greek. I Moisoglou, A Katsiroumpa, P Gallos, A Kolisiati, M Tsiachri, A Tsakalaki, …

2024 Toward Health-Centered Monitoring framework promoting Well-Being and Nature-based Solutions. C Zafeiropoulos, A Temenos, A Angeli, A Giakoumaki, P Gallos, …

Proceedings of the 17th International Conference on PErvasive Technologies …

2024 Quiet quitting threatens healthcare organizations and services: alarming evidence from a cross-sectional study with nurses in Greece. I Moisoglou, A Katsiroumpa, I Vraka, M Kalogeropoulou, P Gallos, …