

## DETAILED CURRICULUM VITAE

**Full Name:** MARIA KITSOU

**Current Position:** Special Technical Educational Staff (STES), Department of Nursing,  
University of West Attica

**Government Gazette:** Γ/3830/21-11-2024

**Specialty:** NURSING

**Field:** BASIC NURSING

**Laboratory:** I.C.U. Follow up Care Lab, Nursing Department, University of West

**Office phone:** +302105385616

**Email:** [mkitsou@uniwa.gr](mailto:mkitsou@uniwa.gr)

### Education

Doctoral Candidate, Department of Nursing, University of West Attica under the supervision of Professor Ch. Tsiou. Dissertation Title: « Assessment of user's satisfaction with the health care services provided in the Emergency Department»

Bachelor's Degree in Nursing, Department of Nursing, TEI of Athens

Master's Degree: «Intensive Care Units and Emergency Nursing», Medical School, National and Kapodistrian University of Athens.

### Further Education and Studies Abroad –Training

#### United States of America

School of Perfusion Technology, Texas Heart Institute, Huston, Texas, USA (01/02/2006-22/03/2006)

#### United Kingdom

1. Certificate of completion of «National Early Warning Score (NEWS) ». For the satisfactory completion of Acute Care, Princess Elisabeth Hospital, Guernsey. (4/3/2017)
2. Emergency Triage Training under Manchester Triage Group. Princess Elisabeth Hospital Guernsey. (3/1/2017)
3. European Paediatric Advance Life Support (EPALS). Resuscitation Council UK, Princess Elisabeth Hospital Guernsey Guernsey. (22/3-23/3/2017)
4. «Pediatric Immediate Life Support» Course. Walsall Resuscitation Council (21/01/2016)
5. September-November 2016 at Walsall Manor Hospital-NHS TRUST.  
Training on : «Care of Dying, Cultural Issues», «Patient Safety», «Fluid Balance Issues», «Drug Calculations», Medicine Management», «Infection Control», «Tissue Viability», «Nutrition»,

«Dementia», «Learning Disabilities», «Manual Handling» of the patient, «Falls Prevention», «Blood Transfusion», «Male Catheterization», «Arterial Blood Gas Sampling», «Practice Assessment», «Plastering and Sling».

6. «Administration of Intravenous Therapies», Walsall Manor Hospital-NHS TRUST (12/11-13/11/2015)
7. «Safeguarding Children Level 3», Walsall Manor Hospital-NHS TRUST (25/9/2015)
8. «Acute Pain Service Ward-Based Pain Round», Royal Victoria Infirmary Hospital-NHS TRUST. (21/5/2003)
9. Undergraduate nursing education at the University of Northumbria in Newcastle, England, for 3 months under the student program «ERASMUS/SOCRATES» (2003)

### Teaching work

**Currently serving** in the Department of Nursing at the University of West Attica in the category of Special Technical Educational Staff (STES) and participating in the teaching of «Basic Nursing» laboratory of the Basic Nursing Courses

2021-2024 –As part of her obligations as a Doctoral Candidate in the Department of Nursing at the University of West Attica, she has assisted in the teaching of Clinical Nursing I, Clinical Nursing II and Emergency Nursing in the field of Pathological Surgical Nursing (Total 990 hours).

2010-2011: Clinical Educator, Emergency Nursing Laboratory, Department of Nursing, former TEI of Athens

### Professional Experience

**Current Position:** Special Technical Educational Staff (STES), Department of Nursing, University of West Attica.

**2006-2015 & 2017- 2024:** Full time Registered Nurse at the General Hospital of Athens «G.Gennimatas». Served in very high responsibility positions such as the Coronary Care Unit, the Emergency Department and the Short Stay Pathological Unit. For one year, worked in the ENT/Gynecology ward as the Deputy Head.

**2020 & 2021** Full time job Registered Nurse for 3 and 4 months respectively at the Multi-purpose Regional Serifos Medical Center – voluntary assignment- transferred of employee location from the General Hospital of Athens «G.Gennimatas»- to support the border area due to COVID -19 pandemic and in an increase in population during the summer period.

**5/12/2016 - 28/6/2017:** Full time Senior Nurse-Band 6 in the Emergency Department of Princess Elisabeth Hospital, Guernsey, Channel Islands, National Health Service, United Kingdom.

**7/9/2015 - 27/11/2016:** Full time Staff Nurse-Band 5 in the Emergency Department of Walsall Manor Hospital, National Health Service, United Kingdom.

**22/3/2004 – 24/7/2006:** Full time Registered Nurse in the Intensive Care Unit of ERIC DUNANT hospital.

**2015-2017:** Nurse Escort - Member of Medical Escort teams for the air transportation of patients with urgent and specialized care needs. Participated on both domestic and international flights.

### Research Interests

Fundamental Principles of Nursing, Adult Nursing, Emergency Nursing

### Representative Publications

Efstratiou I, Rodi-Burriel A, Plakas S, Galanis P, Adamakidou T, Parissopoulos S, **Kitsou M**, Tsiou C (2025) Knowledge, fear and motivations as influential factors for COVID-19 vaccination among diabetic patients. Archives of Hellenic Medicine (Accepted)

Efstratiou I, Plakas S, Galanis P, Rodi-Burriel A, Adamakidou T, **Kitsou M**, Tsiou C (2024) Factors that affected diabetics' pneumococcal vaccination in the COVID-19 pandemic era, Arch Hellen Med, 41(6), November-December 2024, 815-82

**Kitsou M**, Polykandrioti M, Marvaki C. Retrospective Study. «Treatment of Myocardial Infraction», Rostrum of Asclepius, 2011 (10) 3, 356-372

### Άλλες πληροφορίες

Graduated High School with honors (**Grade 19<sup>13</sup>/15**) and was admitted to the Department of Nursing at TEI of Athens first in the ranking through nationwide examinations

«**ERASMUS/SOCRATES**» **scholarship** for undergraduate studies at the **University of Northumbria at Newcastle, United Kingdom, for a duration of three months (2003)**.

Attended a number of seminars in Greece and abroad. Has a number of presentations at conferences.

**2010-2012** Participated as a research associate in research organized by the Medical School of National and Kapodistrian University of Athens, implemented by the First Intensive Care Unit at the General Hospital «Evangelismos»

Languages: English

Computer Skills: ACTA Certification