

CURRICULUM VITAE		Name: Dimos Mastrogiannis
Current Position: Assistant Professor (Government Gazette: Τ.Γ'/65/26-01-2018) Scientific Domain: Medical Nursing, Care and Quality of Life of Patients with Chronic Cardiorespiratory Diseases (Code APELLA): 20994 Sector: Medical and Surgical Nursing Email: dsmastrogiannis@uniwa.gr Research Gate: https://www.researchgate.net/profile/Dimos-Mastrogiannis Google Scholar Profile: https://scholar.google.com/citations?user=i2mFKSsAAAAJ&hl=en ORCID ID: https://orcid.org/0000-0003-4094-6397 PubMed: https://pubmed.ncbi.nlm.nih.gov/?term=Dimos%20Mastrogiannis&sort=date		
Education		
2016 PhD, Department of Medicine, University of Thessaly 1996 Master of Science in Nursing, University of Wales, College of Medicine (Cardiff, UK) 1994 BSc in Nursing, Nursing Department, School of Health and Caring Professions, Technological Educational Institute of Athens, Greece		
Academic Appointments		
2025-today Assistant Professor, Nursing Department, University of West Attica (UniWA) 2019-2025 Assistant professor, General Department of Lamia, University of Thessaly 2007-2018 Lecturer, Nursing Department, TEI of Sterea Elllada		
Professional Experience		
1998-2007 Registered General Nurse (RGN) in the High Dependency Unit (HDU) at the Respiratory Insufficiency Center (RIC) of the "Sotiria" General Hospital for Chest Diseases of Athens 1994-1996 Registered General Nurse (RGN) in hospitals, community health services and long- term care institutions, Cardiff, Wales.		
Research Interests		
Cardiological Nursing, Quality of Life of Patients with Cardiorespiratory Diseases, Remote Patient Monitoring Technology, New Technologies and Learning Methods for Nursing Students, Rehabilitation of Patients with Cardiorespiratory Diseases, Quantitative Data Analysis.		
Teaching Areas		
On undergraduate level 2007-today Medical Nursing, Cardiological Nursing, Basic Principles of Nursing, Epidemiology, Teaching Methods-Nursing Seminars, Community Nursing Anatomy and Physiology, Introduction in Nursing Science, Pathology, Community Nursing. On postgraduate level 2019-today Epidemiology- Postgraduate programme in UniWA MSc in Community and Public Health Nursing, UniWA.		
Publications		
Mastrogiannis D. (1998). Exploring the concept of reflection in nursing practice. Advantages and criticisms. Hellenic journal of Nursing, (Nosileftiki), 37(4): 380-385. - Mantzorou, M., Mastrogiannis D. (2004) Effects of patient teaching by nurses in post MI rehabilitation. Hellenic journal of Nursing, (Nosileftiki), 43(4): 422-428. www.iatrotek.org/ioArt.asp?id=16941 - Fouka G., Mantzorou M., Babatsikou, F., Mastroyannis, D., Vardaki, Z. (2005) Views and attitudes of nursing students towards smoking, ICUS and Nursing Web Journal, Issue 21 ISSN 1108-7366. Mastroyannis, D., Mantzorou, M. (2005) Effects of Exercise as a Component of the Rehabilitation Program for Patients after Myocardial Infarction., ICUS and Nursing Web Journal, Issue 22, ISSN 1108-7366 - Mantzorou, M., Mastroyannis, D. (2005) Kinds of knowledge used by nurses in nursing homes. Hellenic Journal of Nursing, (Nosileftiki), October-December 2005, 44(3): 324-329		

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9. Noula M., Gessouli E., **Mastrogiannis D.**, Raftopoulos V., Tsetsekou E. (2008). Vaccination coverage in primary school children of urban and suburban population in Central Greece. Medical Annals, 31.
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11. Deltsidou A., Gesouli-Voltyraki E., **Mastrogiannis D.**, Noula M. (2010). Undergraduate nursing students' computer skills assessment: a study in Greece. Health Science Journal, July-September 4(3):182-188.
12. Deltsidou A., Gesouli-Voltyraki E., **Mastrogiannis D.**, Mantzourou M., Noula M. (2010) Nurse teachers' and student nurses' attitudes towards caring older people in a province of Greece Health Science Journal, 4(4), 245-257 www.hsj.gr/volume4/issue4/447.pdf, ISSN 1791-809X
13. Mantzourou, M., **Mastrogiannis, D.** (2011) The Value and Significance of Knowing the Patient for Professional Practice, according to the Carper's Patterns of Knowing Health Science Journal, 5(4), 251-261 www.hsj.gr/volume5/issue4/542.pdf.
14. **Mastrogiannis D.**, Gessouli-Voltyraki E., Mantzourou M., Noula M., Michalitsi Ch. (2011) Investigation of compliance of hypertensive patients in an Athens hospital, Interscientific Health Care, 3(1): 14-23, ISSN: 17919649
15. **Mastrogiannis, D.**, Giamouzis, G., Dardiotis, E., Karayannis, G., Chroub-Papavaïou, A., Kremeti, D., Spiliopoulos, K., Georgoulis, P., Koutsias, S., Bonotis, K., Mantzourou, M., Skoularigis, J., Hadjigeorgiou, G.M., Butler J., and Triposkiadis, F. (2012) Depression in patients with cardiovascular disease Cardiology Research and Practice, vol. 2012, Article ID 794762. DOI:10.1155/2012/794762, PubMed Central PMCID: PMC3398584.
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63. Vasilopoulos, A., Kortianou, E., Pantelidaki, N.A., Ntzoura, A., Papadopoulou, D., Kotrotsiou, S., Paralikas, T., **Mastrogiannis, D.** (2024) Sociodemographic Determinants of Covid-19 Vaccination Non-Acceptance in Adults. A Cross Sectional Study. Reports on Global Health Research, 7: 186. <https://www.doi.org/10.29011/2690-9480.100186>
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65. Zisopoulou, S., Kazantzaki, G., Adamakidou, T., Plakas, S., **Mastrogiannis, D.**, Apostolara, P., Gerogianni, G. Mantoudi, A., Mastrogianni, T.E., Parissopoulos, S., Zartaloudi, A., Drakopoulou, M., Mantzourou, M. (2025) Ehealth literacy, beliefs about medication and adherence in older adults with chronic diseases. A cross sectional study In: Vlamos, P. (eds) GeNeDis 2024. Advances in Experimental Medicine and Biology. Springer Accepted for Publication
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68. Zartaloudi, A., Alexos, E., **Mastrogiannis, D.**, Marinaki, D., Athanasiadou, E., Kalogianni, A. (2025) Depression in patients with rheumatoid arthritis: unmasking the hidden Burden. In: Vlamos, P. (eds) GeNeDis 2024. Advances in Experimental Medicine and Biology. Springer Accepted for Publication
69. Georga, D., Zartaloudi, A., Saridi, M., Fradelos, E.C., Rouka, E., Sarafis, P., **Mastrogiannis, D.**, Toska, A. (2025) Factors Determining Women's Attitudes and Knowledge Toward Breast Cancer Screening: A Systematic Review. Healthcare, 13, 1605. <https://doi.org/10.3390/healthcare13131605>

Conferences-Other Activities

- 74 presentations in Greek and international conference proceedings, oral and poster presentations. Recognition by the international academic community with more than 670 citations, h-index 12, i-10 index 13.

- Member of the research team of the program titled "Renewing Health" with code FR21076 on behalf of the Cardiology Clinic of the University Hospital of Larissa, with the Scientific Director being Professor of Cardiology Philippos Tryposkiadis, with the objective of "Monitoring of patients with Chronic Heart Failure" (2011-2012), and member of the research project titled "Non-invasive method for measuring Hemodynamic Parameters and the Level of Non-Enzymatic Glycosylation End Products in students who smoke and those who consume caffeine" within the framework of the Project titled: "ARCHIMEDES III-Strengthening Research Groups at the Technological Educational Institute of Lamia" (Code: MIS 380360).

- Statistics Advisor on the Editorial Board of the journal Nurse Education in Practice (Elsevier) since April 2020, and Reviewer for the journal Nurse Education in Practice (Elsevier) since 2011.